



Northern Neck Sentinel™

The Voice of The People

OBSERVATIONS	PG 2	FABULOUS FOUR LEGGED FRIENDS	PG 26
LOCAL/STATE NEWS	PG 6	COMMUNITY	PG 28
EYE ON THE NATION.....	PG 9	VETERANS AFFAIRS	PG 30
LETTERS TO THE EDITOR	PG 12	HISTORY	PG 32
SCHOOL NEWS	PG 14	ADVENTURES IN WELLNESS	PG 34
OUTDOORS	PG 16	LOCATIONS & AD RATES	PG 36
SPORTS	PG 18	RECIPES	PG 38
PUZZLES	PG 23		

Volume 4 - Edition 2 - March 2021
FREE TAKE ONE



Photo credit: twitter.com

INDIVISIBLE SEEKING TO DIVIDE

John Haynes, Jr.

Those of you that have been following the recent local demonstrations in Tappahannock and Montross against Congressman Rob Wittman have surely noticed some consistent trends. The most obvious are the incessant accusations that the Congressman is a "traitor" and accusing

CONTINUED ON PAGE 3



(L to R) Tucker Carlson, Julia Saville, and Candace Owens

ST. MARGARET'S SHAME SCHOOL WON'T PROTECT CONSERVATIVE STUDENT

John Haynes, Jr.

In an embarrassing lack of courage by both St. Margaret's School and the Episcopal Church, conservative junior student

CONTINUED ON PAGE 4

TEA PARTY REVIVAL ANTIFA VANDALISM INSPIRES COMEBACK

John Haynes, Jr.

The recent vandalism by left wing agitators against Congressman Wittman's office in Tappahannock and the Tea Party sign in Nomini Grove has produced some unexpected consequences. Although it was meant to intimidate local conservatives, it has had exactly the opposite effect.

For the sake of full disclosure I should inform you that I have been a member of the Tea Party since its inception.

CONTINUED ON PAGE 21



Tea Party Member Larry Hinson
Cleans Up the Mess



Post Commander
Alex McKenna

VFW COMING BACK TO KING GEORGE

Alex McKenna

The Veterans of Foreign Wars are coming back to King George to support local Veterans and the community. The VFW is America's

oldest and largest major Combat Veterans organization and offers services to veterans, service members and surviving family members. The VFW represents all Veterans in our fight to secure earned VA benefits. Our help is free regardless of where or when veterans served. In 2019

CONTINUED ON PAGE 3



James Woos Tweet

FACING UP TO THE CHINA THREAT

Brian T. Kennedy

Part 2 of 2

The CCP operates a vast intelligence network in the U.S as well. It is made up not merely of intelligence operatives

CONTINUED ON PAGE 13



Photo Credit: pastureforlife.org

GROWING DRIVE TO DESTROY THE BEEF INDUSTRY

Tom DeWeese

Microsoft co-founder Bill Gates recently made headlines as he called for the US to move to 100% synthetic beef made from plants. There is a lot more to this story than just the ravings of a rich computer geek. The American food supply and your freedom of choice are at stake. The American beef industry has long been a tasty target

CONTINUED ON PAGE 8

VISIT US ONLINE WWW.NNSENTINEL.COM

Observations



John Haynes Jr., Editor

AN ARMED "INSURRECTION" OR A PLANNED DECEPTION?

After more than two months of breathless reporting about an "armed insurrection" and an "attempted coup", the facts are beginning to trickle out and they all point to the same conclusion. It was all a big, well coordinated lie. In fact, the actual events that occurred on January 6th at the Capital Building bear no resemblance to the tales spun by our corrupt media desperate to denigrate half of our country. To paraphrase Shakespeare "It is a tale told by an idiot, full of sound and fury, signifying nothing."

On March 3rd Julia Sanborn, who is the FBI Assistant Director for Counterterrorism, testified during a Senate Homeland Security meeting. Senator Ron Johnson of Wisconsin asked her this question: "How many firearms were confiscated in the Capital or on Capital grounds that day?"

Mrs. Sanborn replied: "To my knowledge, we have not recovered any on that day from any other arrests at the scene at this point. I don't want to speak on behalf of Metro and Capitol police, but, to my knowledge, none," she added.

Also, when asked how many gun shots there were that day, she replied: "I believe that the only shots that were fired were the ones that resulted in the death of the lady." She is referring to Ashli Babbitt, the 14 year Air Force veteran who was shot by a Capital Police officer.

Since the January 6th incident, the Biden Administra-



Photo Credit: heavy.com

tion has refused to release the name of the officer who shot Ashli. Recently, a report came out with a photo taken just before the shooting that showed the scene behind the door that the demonstrators were trying to breach. The report identified the black officer at the top center of the photo as the shooter but the Biden Administration has refused to comment.

The Sentinel has learned that the officer in question has retained an attorney, which seems odd since he has not been charged or even identified. There are also several other unanswered questions. His attorney, Mark Schamel, recently stated "I think it's his heroism and his restraint that saved lives."

Shooting an unarmed suspect who is not threatening anyone is hardly restraint and exactly whose life was saved? Certainly not Ashli Babbitt's.

Also, though it has barely been reported on, the U.S. Attorney for the District of Columbia has opened a federal excessive force investigation into the shooting.

This is all part of our two tiered justice system. Generally, when police shoot black suspects they are immediately subject to the court of public opinion and media crucifixion, hounded incessantly regardless of the evidence or lack of evidence at hand.



Accused Shooter Top Center

At the time of the shooting there were several Capital Police standing within feet of Babbitt, who was a small unarmed woman. It is not clear why, if she was such a threat, they didn't just arrest her. It has also been learned that several of the officers stepped aside to allow the demonstrators entrance and were actually watching when Babbitt was shot.

On March 4th the Babbitt family's attorney made the following statement:

"The shooting of Ashli Babbitt on January 6, 2021 by an unidentified U.S. Capitol Police Officer was an unjustified use of deadly force which violated her constitutional rights. It is clear from video footage that Ashli did not pose a danger to the officer, or any other person, when she was shot. Ashli was unarmed. She did not assault anyone. She did not threaten to harm anyone. There was no excuse for taking her life.

It is a universal law enforcement standard that a police officer should use no more force than neces-



Image: Marcus Aurelius/American Thinker

sary to accomplish a lawful purpose. At 5' 2" tall and 110 pounds, an arrest of Ashli could have been accomplished by a single trained officer with a set of handcuffs. At the
CONTINUED ON PAGE 31

Northern Neck Sentinel

54 Belle Ville Lane,
Warsaw, Virginia 22572
804- 238-6507

JohnHaynes.NNSentinel@gmail.com

EDITOR/PUBLISHER

John L. Haynes Jr.

COMMUNICATIONS DIRECTOR

Kippen E. Haynes

DESIGN/LAYOUT/COMPOSITION

C. Yancey / Beauty & Logic Designs

WRITERS AND COLUMNISTS

Susan Carabello • Richard Carter

Kristy Fike • Mark Fike

Martha Hall • Gammon Irons

John Haynes Jr.

John Haynes Sr. • Kathie Stansell

PRINTING

Print Innovators



INDIVISIBLE, CONTINUED FROM PAGE 1

him of committing a “seditious act” by supporting the Texas lawsuit that challenged the Presidential Election.

As many others have pointed out, if Democrats really did not cheat on a massive scale during the election, why wouldn't they be eager to have that proven in court? It would reassure the electorate and would legitimize Joe Biden's presidency. The answer is obvious. It is due to a commonly used legal term known as “Guilty Knowledge”.

The Law.Com Dictionary defines Guilty Knowledge as “Having knowledge that a wrongful act is being committed, such as purchasing goods that one knows or should know are stolen.” The Oxford Reference describes it as “The knowledge of facts or circumstances required for a person to have Mens Rea (guilty intent) for a particular crime. Knowledge is usually actual knowledge, but when a person deliberately ignores facts that are obvious, he is sometimes considered to have “constructive” knowledge.”

While those who accuse Congressman Wittman of treason claim that the election was completely above board, I would wager that few have even examined the ever increasing evidence. They are, after all, not really about facts but about power.

Towards that end, the Democratic Party formed a group immediately after the election of Donald Trump called Indivisible, which is essentially a far left PAC dedicated to radical leftist ideologies. They, along with rank and file local Democratic Committee members and their recruits, are the ones behind the recent demonstrations and vandalism previously reported on.

Indivisible was started in 2016 by Democratic former congressional staffers and, ironically, was modeled after the Tea Party Movement that successfully helped Donald Trump ascend to the Presidency in 2016. They composed a manifesto entitled: “Indivisible: A Practical Guide to Resisting the Trump Agenda”. It goes into considerable detail and contains a plethora of dirty tricks and various devious methods to advance their agenda.

This is the opening paragraph of their manifesto:

“Donald Trump is the biggest popular vote loser in history to ever call himself President-Elect. In spite of the fact that he has no mandate, he will attempt to use his congressional majority to reshape America in his own racist, authoritarian, and corrupt image. If progressives are going to stop this, we must stand indivisibly opposed to Trump and the members of Congress who would do his bidding. Together, we have the power to resist - and we have the power to win.”

What followed was a 23 page manifesto of strategic advice full of dirty tricks and win at all cost techniques. One of their core techniques is to harass and distract members of congress (MoC's) of the Republican Party. This link is one of the chapters where they discuss the particulars of how they do their dirty deeds: https://election.princeton.edu/wp-content/uploads/2016/12/Indivisible_-_A-Practical-Guide-For-Resisting-the-Trump-Agenda-Google-Docs.pdf.

Please take time to read it. There is not enough room in this article to go into great detail but I will provide a few

highlights. They begin by advising how to gather “intel”. It also advises how to enlist media in your cause. Since most of the media is liberal, this is relatively easy. This is a direct quote from this guideline:

“Research on Google News what local reporters have written about your MoCs. Find and follow those reporters on Twitter, and build relationships. Before you attend or plan an event, reach out and explain why your group is protesting, and provide them with background materials and a quote. Journalists on deadline — even those who might not agree with you — appreciate when you provide easy material for a story.”

The local Indivisible Chapters have been very effective in this regard. Their events, no matter how small, are covered in the local weeklies. In one instance, when local young people attempted a George Floyd protest in Warsaw, the reporter actually gave the demonstrators time to recruit more demonstrators to create a more effective photo for the front page.

One of the demonstrators was quoted in the associated article as saying that even though there was no actual problem with police brutality in Richmond County, that they still needed a forum. I can only assume this was in “solidarity”.

Indivisible is also careful to deal only with sympathetic reporters. As an example, I have never once been notified in advance of any of their events. To say that Indivisible is media savvy would be a monumental understatement.

Another technique is high jacking Town Halls to control the narrative. This includes recruiting attendees, preparing questions in advance, getting there early to organize, spreading out in the audience in pairs, applauding every time a member speaks, recording the event and even refusing to observe time limits to embarrass staff. An example is printed below:

“Don't give up the mic until you're satisfied with the answer. If you've asked a hostile question, a staffer will often try to limit your ability to follow up by taking the microphone back immediately after you finish speaking. They can't do that if you keep a firm hold on the mic. No staffer in their right mind wants to look like they're physically intimidating a constituent, so they will back off. If they object, then say politely but loudly: “I'm not finished. The MoC is dodging my question. Why are you trying to stop me from following up?”

As reported earlier, I have observed these techniques at local Town Halls and meetings being used by local Indivisible members. They have no compunctions about hogging all of the comment period or asking rude and accusatory questions. It is a favored technique.

The central theme of all of these techniques in to increase visibility. Different techniques are used for different venues. Public events such as parades, groundbreaking and other events where MoC's are speaking demand different approaches. Four instructive examples are provided below:

Optimize Visibility.

Unlike in town halls, you want your presence as a group to be recognizable and attention-getting at this event. It may make sense to stick together as a group, wear relatively

similar clothing / message shirts, and carry signs in order to be sure that your presence is noticeable.

Be Prepared to Interrupt and Insist on Your Right to Be Heard.

Since you won't get the mic at an event like this, you have to attract attention to yourself and your message. Agree beforehand with your group on a simple message focused on a current or upcoming issue. Coordinate with each other to chant this message during any public remarks that your MoC makes. This can be difficult and a bit uncomfortable. But it sends a powerful message to your MoC that they won't be able to get press for other events until they address your concerns.

Identify, and Try to Speak With, Reporters on The Scene.

Be polite and friendly, and stick to your message. For example, “We're here to remind Congresswoman Sara that her constituents are opposed to Medicare cuts.” You may want to research in advance which local reporters cover MoCs or relevant beats, so that you know who to look for.

Hold Organizational Hosts Accountable.

Often these events will be hosted by local businesses or nonpartisan organizations — groups that don't want controversy or to alienate the community. Reach out to them directly to express your concern that they are giving a platform to pro-Trump authoritarianism, racism, and corruption. If they persist, use social media to express your disappointment. This will reduce the likelihood that these organizations will host the Trump-friendly MoC in the future. MoCs depend on invitations like these to build ties and raise their visibility — so this matters to them.

Other favored techniques involve harassing staff at their District Offices and demanding meetings with their representatives including unannounced visits and coordinated calls. Again, all of this is to harass, distract and intimidate.

I would encourage our readers to read the whole manifesto. Whether you approve of their tactics or not, they are a very organized and highly motivated organization willing to do what it takes to get what they want. It is ironic that the term “Indivisible” is derived from the Pledge of Allegiance which sought to unite the country. They are indivisible in their efforts to divide it.

VFW KING GEORGE, CONTINUED FROM PAGE 1

the VFW helped veterans receive \$320 million in benefits across the Commonwealth of Virginia.

Today's VFW is not like the VFW you may know. We are about camaraderie and helping the community. The VFW understands veterans because we are veterans! Some of the ways that the VFW is involved in the community are; The VFW sponsors patriotic scholarship contests for middle and high school students through the Patriots Pen essay and Voice of Democracy audio essay. We recognize outstanding teachers, Scouts and first responders through our Teacher of the Year, Scout of the Year and First Responder of the Year programs and we will work with and help other local organizations that help the community.

CONTINUED ON PAGE 4

VFW KING GEORGE, CONTINUED FROM PAGE 3

VFW Posts usually bear the name of their community or the name of a deceased VFW member or a local service member who was killed in action whom fellow members want to memorialize. The new King George Post is proud to announce that we will be honoring SGT Nicholas C. Mason.

SGT Mason was a 2002 graduate of King George High School and enlisted with the 229th Engineer Battalion, Virginia Army National Guard based out of Fredericksburg, VA shortly after the terror attacks of September 11, 2001. He attended National Guard training once a month while completing his freshman year at Virginia Tech. SGT Mason deployed to Iraq with C Company, 276th Engineer Battalion, Virginia Army National Guard based out of West Point, VA in December 2003. SGT Mason was killed in action on December 21st 2004 on Forward Operating Base Marez, in Mosul, Iraq during a suicide bombing. Going forward the new King George VFW will be known as the SGT Nicholas C. Mason Memorial Post.

The SGT Nicholas C. Mason Memorial Post is seeking Veterans of all ages, genders, and races that have served overseas in conflict areas to include but not limited to Korea, Vietnam, the Persian Gulf, Afghanistan, and Iraq and have received an Expeditionary or Campaign Medal. To see a full list of qualifying medals and badges please visit www.vfw.org/eligibility.

Veterans interested in joining the Nicholas C. Mason Memorial Post should contact Post Commander Alex McKenna at KingGeorgeVFW@gmail.com or visit us on Facebook @KingGeorgeVFW. The SGT Nicholas C. Mason Post also is looking for a building in King George. Anyone willing to donate a building should contact VFW Department of Virginia Membership Chairman Tommy Hines at a69v_vet@yahoo.com.

ST. MARGARET'S, CONTINUED FROM PAGE 1

Julia Saville has been forced to withdraw after the school refused to protect her from racial bullying.

And just what was her offense? Simply choosing black conservative leader Candace Owens as a "Black Trailblazer" for a Black History Month presentation. The other three trailblazers recognized by Julia were Supreme Court Justice Clarence Thomas, former HUD Director and renowned surgeon Ben Carson and Underground Railroad

heroine Harriet Tubman.

For those of you unfamiliar with Mrs. Owens, she was a vocal Trump supporter and critic of Black Lives Matter as well as the communications director for the conservative Turning Point USA group from 2017 to 2019. She is probably best known as the founder of "Blexit", an organization encouraging blacks to leave the Democratic Party and embrace conservatism as she has done.

In our June edition there was an article by Kat Stansell describing Owens and Blexit. The article read, in part:



Photo Credit: celebrity.fm

"Blexit" stands for "Black Exit" - from a political party that has not served them well for decades. "Blexit is a renaissance," said founder, Candace Owens. "a rebirth." In this movement, Black Americans are encouraged to exercise their freedom when voting, so that they vote according to their values - church, family, and the sanctity of life. Our freedom to vote our own personal morals is one of the most precious we have. If a party does not represent what you believe, then don't vote for them! If you don't believe in killing babies, for example, do not vote for the party that supports abortion.

The message of Blexit is that, Black Americans have, for decades, been handed empty promises. "Free stuff" is the big draw, and money is often the bait. Don't bite. Blexit reminds black voters that they must take the driver's seat, and be in control of their own lives.

A recent poll in Black Christian News found that 54% of African Americans believe that their traditional party is not doing enough for them, and that a growing number of people are rethinking their voting choices.

Candace Owens, 30, a black woman who previously identified as a liberal, is leading the movement. She once owned a website blog on which she bashed Trump and conservatives. As recently as Dec., 2016, she was posting anti-Trump opinion.

When she personally began to be attacked and criticized for some of her posts, during an anti-harassment issue called Gamergate, Candace Owens realized that that racists were NOT the conservatives. She immediately changed her views and opened her eyes. Today, she is try-

ing to get all Black Americans to do the same."

Julia Saville is the local chapter leader of Turning Point USA and had also joined the Black Student Union to better understand their positions and learn more about them. She is quoted as saying: "I just wanted to get their perspective and [understand] their experiences on campus,"

She is also a standout volleyball player. She and her family live in nearby Northumberland County. Her troubles began the morning that she was scheduled to give her presentation when she received the following email which was copied to the entire student body and staff:

"I'd like to address some falsified information here... Candace Owens is not someone we should be recognizing today especially during Black History Month when she has done absolutely nothing for the black community. ... [Owens] was called a racist because she was. Candace Owens openly tried to degrade the struggles of the black community by telling the general public that America is not a racist country and that everyone who believes that it is trying to divide America. I feel as though not only was it disrespectful that you added her to the list of trailblazers, it's offensive that you sat down, thought about it, researched her, and thought it was okay to do this."

The Sentinel has been informed who the student is that sent the email. The informant, who wishes to remain confidential out of fear of retaliation states that the student is black. Julia Saville is white. The Sentinel does not release the names of minors for obvious reasons. Ms. Saville came forward voluntarily.



Candace Owens (L) and President Trump (Center)

Somehow this story was picked up by the Daily Wire, a well known nationally read conservative website founded by conservative commentator Ben Shapiro. The story has now been picked up by a slew of other websites and aggregators and has, as they say "gone viral".

The email sent to Saville also claimed that Owens was not a contributor to the black community because she was an unabashed supporter of former President Trump. This is particularly disingenuous in light of the historic accomplishments that President Trump achieved on behalf of black Americans.

Even many of Trumps political opponents have conceded this. In an October 2020 article by Jon Levine in the New York Post, former Obama adviser and left wing commentator Van Jones stated the following:

CONTINUED ON PAGE 5

Computer Recycling of Virginia

804-445-9672 • Fax 804-445-8261
P. O. Box 3153 • 515 Church Lane
Tappahannock, Virginia 22560

9am-6pm Tuesday-Friday
9am-3pm Saturday

email@recycle4va.com
www.recycle4va.com



Donating Computers to Virginia's
Public Schools and Non-Profits
A Virginia 501(c)(3) Non-Profit Organization
R2 2013 and ISO 14001: 2013 Certified Non-Profit Organization

ST. MARGARET'S, CONTINUED FROM PAGE 4

"Donald Trump — and I get beat up by liberals every time I say this, but I'm gonna keep saying it — he has done good stuff for the black community," Jones said on CNN, where he is a frequent contributor. "Opportunity zone stuff, black college stuff. I worked with him on criminal justice stuff. I saw Donald Trump have African American people, formerly incarcerated, in the White House — embraced them, treated them well. There's a side to Donald Trump that I think he does not get enough credit for."

The Daily Wire also printed a copy of the transcript of the presentation that Julia had planned on giving. This is her statement as published in the Daily Wire:

"Candace Owens

Born: April 29, 1989, Stamford, CT

Important Contribution(s):

"Candace Owens is an American conservative author, political commentator, and Christian. When Candace was a senior in high school, she received three racist death threats that impacted her life forever. She says that it was the darkest period of her life and was the beginning of depression and an eating disorder for four years. She says she overcame this through prayer and finding God. She went to college to study journalism but dropped out because of financial circumstances. She said her mentality went from hating God for making her grow up in such awful circumstances to realizing that God had a plan for her life and that this was a part of her story that she would use to help others. When she dropped out of school, she started a YouTube channel that blew up and had every news station buzzing. Her third video with 26 million views overnight. She talked about her political views and her point of view as a Black female living in America. She then started working for Turning point USA, created her own organization called "BLEXIT," and recently released her new book and started her own podcast."

The Daily Wire article also quotes both Julia and her father Bob's reaction to the situation, particularly as to how St. Margaret's responded:

"Since the email was sent to all staff and students, but was a matter for the Black Student Union, Saville's father reached out to the head of the school saying his daughter had been slandered as a racist, but he was greeted with a shrug of the shoulders.

"Nothing is being done at all to correct the situation," he told Daily Wire, adding that the classmate who wrote the email is facing no consequences.

Saville has now decided to walk away from the school. "I didn't feel threatened, but it's definitely uncomfortable when you know that [my peers] all feel a certain way about me and don't like me simply because of my political views," she said."

This sad situation hits me particularly hard not only due to the shameful response by the school but also by the total lack of response by the Episcopal Church with which St. Margaret's is affiliated. As a lifelong Episcopalian, who has been utterly disillusioned by their slide into secularism, I am saddened but not surprised. After all, they have been sup-

portive of BLM since its inception as evidenced by the 2016 press release below:

"Episcopal Peace Fellowship endorses Black Lives' policy platform

Posted Aug 19, 2016

The National Executive Council of the Episcopal Peace Fellowship joined by the fellowship's Palestine/Israel Network, is proud to stand in solidarity with Black Lives Matter Movement in unequivocal support of its "Vision for Black Lives" issued on August 1."

Perhaps the Council was unaware that BLM is an avowed Socialist group that is also anti-American, anti-family and anti-police. Although they could not have anticipated the immense BLM violence of this past summer, they have never condemned it. As an Episcopalian, this is both embarrassing and deeply disappointing to me. This is not the church I grew up in.

The greatest tragedy of all is that this is playing out in our schools across the nation. When I began to research the topic there were literally so many examples that I had to pick a few of the most egregious.



In Florida a student had their parking pass revoked because he had the temerity to bring his truck to school with a decorated elephant in the back of his truck that was a gift from his grandfather. After the school refused to give the father an answer as to why this was done the family retained an attorney to defend his first amendment rights. The student has switched to virtual learning to avoid the hostile school environment. I wonder if an Obama display would have been treated this way.

In California a 16 year old was ordered to leave the classroom zoom session unless he removed a Trump sign that was hanging on his bedroom wall in the background. He was given 15 seconds to do so but decided to just exit the session instead. Evidently, public education is only available to the "right" kinds of students.

In New York a sixth grader was prohibited from using President Trump as her hero for a class assignment. The reason given by the teacher was that the President "spreads negativity and says bad stuff about women." When the parents confronted the Superintendent he lied and issued the following statement:

"It is not accurate that this student was told that they were not allowed to conduct research or report on any individual for a school assignment, including President Trump. To the best of our knowledge, by choice the student is still conducting their project of President Trump."

As the President might say, that's fake news. A whole classroom of children witnessed the event and now the frightened 12 year old is intimidated. The father stated: "No one should make a child feel that way, and you're supposed to protect my child." Good luck with that.

I could cite numerous other examples but I think I have made my point. For years I have watched my friends sending their children to expensive private schools thinking that this would protect them from the "woke" culture of the public school systems. I have tried to warn them otherwise and the deplorable situation at St. Margaret's underscores my contentions. You can't buy your way out of "wokeness".



Photo Credit: St. Margaret's facebook page

St. Margaret's is a girl's school serving grades 8 through 12. Their current enrollment is 107 students residing on the luxurious waterfront campus. Their enrollment is 70% boarding students and 30% day students. Their tuition, as listed on the school website, is as follows:

2019-2020 Tuition:

Day \$18,950

Five-day Boarding \$41,100

Boarding \$51,400

International Student fee* \$2,000

As you may have noticed, this is as much as most major universities charge. Hopefully, the Savilles can save enough in tuition to supplement their daughter Julia's education in ways that she can avoid being scorned and intimidated.

I emailed St. Margaret's to see if they wished to respond. On March 4th I received a reply directing me to a statement on their facebook page. It read:

"Dear St. Margaret's Community,

I write to you in response to the recent article that referenced our school and was published yesterday in The Daily Wire.

It is important to clarify the facts of this situation as we are able: The Black Trailblazers series is a student organized effort at SMS as part of our Black History Month programming. An SMS administrator sent an all community email supporting the student's choice to highlight Ben Carson, Clarence Thomas, Harriet Tubman, and Candace Owens within minutes of the original email. She reminded all students, faculty, and staff that the Black Trailblazers series is designed to increase our awareness of black leaders, whether we agree or disagree with their political affiliations.

CONTINUED ON PAGE 13

LOCAL NEWS



Confederate Monument

ESSEX COUNTY NEWS STATUE RESOLUTION PASSES 4-1

As you might expect, the relocation of the Confederate Monument is still being haggled over. After initially announcing that a “final” decision would be made at the Supervisor’s February 4th meeting, the decision was put off again due to a submission received literally minutes before the meeting.

Evidently, both a short and long form of the proposed resolution was presented to the Supervisors for consideration. Supervisor Akers noted that he didn’t like either version and Supervisor Magruder stated: “I saw these five minutes before the meeting and that’s not enough time to focus and concentrate.”

County Attorney Andrew McRoberts suggested that the Supervisors work with County Administrator Michael Lombardo to iron out any further details noting that “With all due respect, there’s five members here with five different views on what the resolution ought to say.”

Finally, in late February the Board made a “decision”, kind of. Although they did vote 4-1 to approve a resolution, the resolution itself does not make a final decision. It reads, in part:

“The Board wishes to work in tandem and agreement with the Tappahannock Town Council, which may also have a claim to the ownership and control of the Memorial.” The Resolution also stipulates that they will “first offer the Monument for relocation and placement to any museum, historical society, government, or military battlefield for a period of 30 days.”

This has confused many as there is no stipulation as to what would happen if the Town disagrees with the Resolution. Also, why would you make a decision over a property whose ownership is in doubt? I have been advised that a poll taken by the Town indicated that a majority of the respondents. I have sent a F.O.I.A. request to the Town to verify this.

Another major development in February was the postponement of the fall sports season of the Virginia High School League. School Superintendent Harry Thomas announced that this was subject to change as conditions

warrant.

There has also been considerable publicity concerning St. Margaret’s School in Tappahannock. A junior there recently disenrolled due to what she considered to be racial harassment. The story was published in the nationally known Daily Wire and the student was recently interviewed on the Fox News Show Tucker Carlson Tonight. There is a front page article in this regard in this edition.



Accused Murderer Rand Hooper

LANCASTER COUNTY NEWS

SOLAR ORDINANCE PASSES 3-2 HOOPER TRIAL RESCHEDULED

The biggest item on the agenda at the February Supervisors Meeting was the public hearing on the proposed solar ordinance. As previously reported, there was considerable support for the ordinance at the January Supervisors Meeting with seven speakers expressing support during the Public Input Session. Two were opposed.

Voting for the proposed ordinance were Chairman Palin, Supervisor Lee, and Supervisor Bellows. Voting against were Supervisors Larson and Westbrook. The Ordinance will take effect July 1st. The Ordinance does not regulate rooftop solar.

There was an extended Public Comment Period with the majority of the participants in favor of the Ordinance. Supervisor Westbrook stated that he was not opposed to the Ordinance in principle but felt that it was premature in that the separate procedure of amending the Comprehensive Plan had not been addressed. “It seems like you putting the cart before the horse.” he stated.

There was also a public

hearing about a proposed increase in the courthouse security fee from the current \$10 to \$20. This is assessed on all convictions in the court system. There were no public comments and the ordinance was passed 5-0.

In court news, the murder case of Rand Hooper has been moved to the Norfolk Circuit Court in response to a request by the defense who felt that the inordinate publicity in regards to the trial would not provide a fair venue. The prosecution did not object and the trial date is set for late June.

Mr. Hooper is charged with murder, aggravated manslaughter and failure to render aid. His alleged actions caused the death of his friend Graham McCormick in a boating accident. Mr. Hooper has admitted to being drunk and leaving the scene of the accident.

NORTHUMBERLAND COUNTY NEWS IN PERSON LEARNING COMING TO SCHOOLS

Northumberland County was having issues with their audio system and, in particular, Supervisor Long who was initially unable to be reached. He eventually managed to connect. It was a virtual only meeting so we were unable to attend in person. Also, many of the documents normally available were not available. Because of that this month’s coverage is abbreviated.

Once the audio issues were resolved Chairman Haynie opened the meeting. Supervisor Tomlin performed the Invocation followed by the Pledge of Allegiance. The agenda and minutes of previous meetings were then approved.

The first presentation was by Jimmy Carr of All-Points Broadband. He gave an update on their efforts to expand broadband in Northumberland County in cooperation with

CONTINUED ON PAGE 7

Abbott’s
Lawn and Landscaping

William Abbott - 804/480-0631
Mathew Abbott - 804/577-7338





NORTHUMBERLAND, CONTINUED FROM PAGE 6

Dominion Energy and the Northern Neck Electric Cooperative. The Northern Neck Planning District Commission (NNPDC) also assisted.

Mr. Carr gave a synopsis of the progress that has been made in applying for State funds and the completion of stage one of the project. All-Points is currently working on easement agreements.

Mr. Carr then asked for the five percent matching funds that had been agreed to in 2020 so that they could proceed to stage two of the project. This would amount to \$325,000.

Jerry Davis, Director of the NNPDC then made comments. He expressed his satisfaction of receiving State and federal funding and was optimistic of continued progress. Supervisor Tomlin asked if a map of just Northumberland County could be provided to show residents where the project would extend to. Mr. Davis said that he would be happy to do so.

The next presentation was by David Beale of VDOT. He advised that a number of projects had recently been completed including pipe cleaning, ditch cleaning, brush cutting, slope repair, pot hole patching and gravel road dressing countywide. Upcoming projects include continuation of these activities and preparation for snow removal. The upcoming paving schedule was also provided.

The next presentation was by School Superintendent Holly Wargo. She advised the Board that all of the schools had a mix of hybrid and virtual classes and she provided a breakdown for each school. She also informed the Board that she was looking at returning to expanded in person learning after the teachers and staff received their second

Moderna vaccination on February 24th.

The expanded in person schedule would be four days a week with Wednesday excluded. Preventative measures will be continued. Full time virtual classes will be available through the remainder of the school year. A hotline has been set up for each school where parents can ask questions and express their concerns. At this point of the meeting Supervisor Long managed to join the meeting.

Next was a Radio Committee update by Sheriff Beauchamp. He advised that the Committee would be meeting with the regional radio system representatives in the coming week, weather permitting. He also informed the Board that a contract with a radio consultant was being explored and copies of the proposed contract were provided to the Board.

County Planner Stuart McKenzie gave the tear end report next. He informed the Board that it had been a tough year. He also gave a summary of Planning Commission activities including rezoning requests, special exception requests, etc. He then advised that in 2020 the total of construction costs in the County was \$28,973,211 which was an increase from 2019 despite the COVID Crisis.

Under County Administrator's remarks Mr. Tadlock stated that in January there were five new construction projects with a total construction cost of 5.4 million dollars which is 1.7 million dollars more than the January 2020 total. He then went over a list of minor ministerial items mostly concerning routine appropriations.

The final item was approval of the previous request from All-Points Broadband for \$325,000 to pay the County's match for phase two of the Broadband Project. It was decided to try and use as much of the CARES Act funds as possible to help defer the costs. The request was unanimously approved.

The Sentinel has also learned that there was a small demonstration at the Heathsville Courthouse on Saturday March 6th. According to a witness, there were six or seven demonstrators with signs,

one of which said "Black Votes Matter". There have been several similar small scale events throughout the area for the last few months by local Democrat Committees and members of local Indivisible Chapters. There is a front page article in this regard in this edition.

RICHMOND COUNTY NEWS

WARSAW BUSINESSES BOOMING

Despite the ravages on the COVID Pandemic that has ravaged our nation for the past year, Warsaw continues to attract new businesses. In just the past few months new business openings include a Dairy Queen, the Chesapeake Donut Company, Midtowne Crossing Apartments and an Ace Hardware store.

In December of 2019 we had a front page article entitled: "The Richmond County Revival/Warsaw Leads the Way". It detailed the amazing progress that Richmond County, particularly Warsaw, has made during the past five years. The fact that this revival has continued despite the COVID Pandemic is truly amazing.

At the February Supervisors meeting Tayloe Emery, the owner of Mount Airy, requested permission to conduct their 4th Annual Concert to be conducted on September 25th from 4:00 p.m. to 8:00 p.m. at 361 Millpond Rd. in Warsaw.

An estimated crowd of 500 is expected and security will be provided by the Richmond County Sheriff's Department. Free parking will be available and one of the featured performers will be the well known band Seldom Scene. Past events have been very successful and there have never been any associated complaints according to the Sheriff. Mr. Tayloe's request was unanimously approved.

The building report was also provided at the meeting. It disclosed that in January there were 23 new projects begun

with \$2,718 in fees collected and total construction costs of \$804,113.

VDOT reported

CONTINUED ON
PAGE 8



RICHMOND, CONTINUED FROM PAGE 7

that in January they did ditching on several roads as well as brush cutting and pipe cleaning countywide. They also provided a schedule of pavement and surface treatments on several roads throughout the County.

It has been learned that there was a bomb threat at the Northern Neck Regional Jail on March 1st. The Virginia State Police are investigating the threat and, after a thorough search, determined that there were no explosives. John Austin Wainwright was charged with initiating the call as well as terrorism and it is not clear at this time what connection Mr. Wainwright has to the Jail.



**WESTMORELAND COUNTY NEWS
NAME CHANGE MAY HAVE REPERCUSSIONS**

The most contentious subject in the County was resolved when the School Board decided to change the name of the high school from Washington and Lee High School to Westmoreland County High School. This change, initiated and promoted by the Westmoreland County NAACP, was made despite the fact that the survey conducted by the School Board indicated that keeping the name as it is was the most popular option of the three that were presented.

Needless to say, this has caused widespread dissension

their new school may be sparsely populated. Also left unconsidered was the effect on tourism in what is considered a historically rich region.

During the February Meeting Chairman Fisher gave the opening Invocation and then led the Pledge of Allegiance. The minutes of previous meetings were then approved along with the accounts payable list and the check register. Next were two routine appropriations for the schools to reimburse them for expenditures.

The Sentinel observed the meeting virtually and, unfortunately, some of the Supervisors were not speaking into the microphones and portions of the meeting were inaudible.

Under Colonial Beach Correspondence, Chairman Fisher suggested reworking some of the language in the sewer and wastewater agreements between the Town and the County. A lawsuit was recently settled due to misunderstandings in that regard. The Chairman also expressed the desire to have a more "congenial" relationship in the future.

Next was a resolution honoring Carol Gawen for over 40 years of service to the County, including serving as Westmoreland County's Commissioner of Revenue. My Gawen began her duties immediately after graduating from high school.

The Board was effusive in their praise. The Chairman stated, among other things: "When you've given as much of yourself as you have to this County and that office, it's certainly worthy of taking a few minutes to collectively thank you on behalf of this County, as well as individuals."

Mrs. Gawen thanked the Board, stating: "I'm truly grateful for all that you have done for me. It's been a blessing to have the opportunity to become Commissioner of Revenue. I never had any idea I'd be here back in 1973, but you never know what God has planned for you. I love everyone and I'm going to miss all of you." Mrs. Gawen was then presented with a framed Resolution as the audience responded with an extended round of applause.

Mrs. Gawen's Chief Deputy Will Hoover was appointed to replace her until the next election. He thanked Mrs. Gawen for all that he has taught her, stating: "I've looked up to her from day one." The Board voted to have a writ of election approved to forward to the Circuit Court to appoint Mr. Hoover as the Acting Commissioner of Revenue until the next election.

VDOT Representative David Beale gave the

next presentation. He advised that slope failures are being addressed as well as pothole patching and ditch work. The Route 3 passing lane project is progressing well but the requested project at Ferry Landing and Route 205 has been denied.

In other County news, the Montross Tea Party is in the process of reforming. They had become dormant during the Trump Administration due to the fact that they didn't feel that they were needed. The new administration, along with the recent vandalism of their sign at Nomini Grove has prompted them to regroup. There is a front page article in our current edition in this regard and questions on this subject can be directed to the Montross Tea Party facebook page or to Larry Hinson at 804-450-3477.

BEEF INDUSTRY, CONTINUED FROM PAGE 1

of the environmentalists and their allies in the animal rights movement. To understand the reason is to know that protecting the environment is not the goal, rather the excuse in a determined drive for global power. Their selected tactic is to control the land, water, energy, and population of the Earth. To achieve these ends requires, among other things, the destruction of private property rights and elimination of every individual's ability to make personal life-style choices, including personal diet.

Of course, no totalitarian-bound movement would ever put their purpose in such direct terms. That's where the environmental protection excuse comes in. Instead, American cattle producers are simply assured that no one wants to harm their industry, just make it safer for the environment. The gun industry might recognize that such an assurance sounds a bit familiar. Same source, same tactics, same goals.

So the offered solution to "fix" the beef industry is "sustainable certification". All the cattle growers have to do, they are assured, is follow a few simple rules and all will be fine, peaceful and profitable. Enter the players: the World Wildlife Fund (WWF), the Global Roundtable for Sustainable Beef (GRSB), and the U.S. Department of Agriculture.

First, let's reveal the Sustainablists' stated problems with the beef industry. What's not sustainable about raising beef? According to the environmental "experts" there are ten reasons why the meat industry does not meet sustainable standards:

1. Deforestation – the claim is that farm animals require considerably more land than crops to produce food. The World Hunger Program calculated that if the land was used to grow grain and soy instead of cattle the land could provide a vegan diet to 6 billion people. Do you get that – a vegan diet! The fact is, most grazing land in the U.S. cannot be used for growing food crops because the soil wouldn't sustain crops.
2. Fresh Water – they claim that the America diet requires 4,200 gallons of water per day, including animal drinking water, irrigation of crops, processing, washing, etc. Whereas a vegan diet only requires 300 gallons per day. Apparently they don't plan to irrigate the land to grow

3G Security Solutions, LLC

Vince Lezama, Project Lead Specialist
888-632-9292 • 540-645-5070
info@3GSSOL.com • www.3GSSOL.com

Security Cameras & Alarms



Photo Credit: socialist.net

ESSENTIAL BEFORE THE ELECTION, BUT NOT AFTER

By JB Williams

I wonder if the young voters seeking “free stuff” have figured out what they have done to themselves and everyone else yet? I wonder if they know that they were “essential” to their Marxist politicians gaining unbridled power, but are now “non-essential?” In mere minutes, you went from essential before the election to expendable afterwards. WAKE UP!

A review of socialist and communist history around the globe will certainly clarify who is essential and who isn't, under any socialist or communist regime. Democratic socialism sounds great, when the focus is only upon on all the new gifts you might receive from the public feeding trough. Seems like a good reason to place socialist and communist tyrants in power, so long as they will only rob from others, to satisfy your desire for the “free stuff” you didn't earn.

In their quest for unbridled political power, the useful idiot (voter) is essential to the socialists and communists seeking that power. But how essential is the useful idiot once the tyrannical regime has gained that almighty power?

The same socialists (communists) who taught the useful idiot to separate human beings into “essential” and “non-essential” categories, will now decide just how essential the useful idiot is after the elections. The same socialists, who taught useful idiots that the lives of “criminals” are essential, but the lives of police officers and even unborn babies are non-essential, will now pass that same judgment on the very fools who put them in power. You won't like their definition of “essential” this time...

In any socialist or communist state, the “taxpayer” is essential. In order for the state and the tyrants in power to survive, they must be able to take from all who have. They must have “winners” in life who have earned, so that they

CONTINUED ON PAGE 10



Kat Stansell

THE RHETORICAL “WHY?”

Last month, I shared the first part of a long list of Donald Trump's accomplishments for America, and I promised to bring you the rest in this issue. I will do so, in a slightly different format. In February, I enumerated many individual items published by the White House Archives. Today, I will summarize the last part of the 50+-page list, so we can move on to where we are today, the real issues around Trump's actions that have arisen since Biden assumed office.

CONTINUED ON PAGE 25



Photo Credit: snopes.com

NOWHERE MEN (AND WOMEN)

By Richard Carter

It may be that we have entered a new phase of reality. For those of us who are still wedded to the old reality—the reality of common sense and the verifiable—this new reality was long predicted.

This is the reality of what Gilbert and Sullivan satirized in “HMS Pinafore”; to wit...“Things are seldom what they seem, skim milk masquerades as cream...” W.S. Gilbert's lyrics were, of course, a send up of the political pomposity

CONTINUED ON PAGE 10



Photo credit: history.com

WESTERN SOCIAL AND MORAL LIFE RADICALLY ALTERED

By: Gammon Irons

Countries undergoing a peaceful regime change from free and open to closed and subjugated, do so by accepting the gradual substitution of one set of values for another. They abandon what I call the Four F's and begin accepting the Four G's as their new belief system.

The Four F's are: freedom, family, free enterprise, and faith, and these are the essential cornerstones of a free society.

The Four G's are: government, groups, grants and grabs, and godlessness. These are the essential cornerstones of a subjugated society and part of a gradual shift of all the Western democracies from free and open to more socialist and closed societies.

You can tell when a country has begun to abandon the Four F's and has opted for the Four G's when, instead of more freedom, you get more government; instead of a focus on the natural family you see a focus on politically defined groups; instead of the promotion of free enterprise you get a focus on grants and tax-grabs; instead of the social direction provided by a moral law common for all you get the official promotion of moral relativism and godlessness in schools and the public square, which leaves the state free to direct all thought and ultimately life.

There are five contemporary forms of radicalism enabling and promoting the change in the foundation of Western social and moral life from the Four F's to the Four G's.

Radical Feminism

The first and most virulent of these is radical feminism, which seeks to overthrow the order of human biology by promoting the fantastic idea the genders are exactly the

CONTINUED ON PAGE 29

ESSENTIAL, CONTINUED FROM PAGE 9

can take from them, the resources they need to remain in power. These members of society, “the givers”, are essential members of society, without whom, the state could not exist.

“The takers” however, those who contribute nothing to society or to the rulers they just elected, because they have nothing to contribute, suddenly become “non-essential” to society. “Givers” become not only essential, but downright necessary. But the “takers,” are a mere liability, a drain on the socialist system.

You see, socialists and communists are all about taking from the givers (earners, taxpayers) in society. That’s the means by which they enrich and empower themselves, entering political offices broke, to become multi-millionaires soon after. But they are not about giving to the takers in society at all, despite their flowery speeches during the campaign for power.

Oh sure, that was the promise, the bag of “free stuff” they told you they would give you, in return for selling them your vote for mere scraps from their table. – and they will toss a few scraps your way for a little while, to keep you content and quiet while they reset the table – and then... Now in unbridled power and able to change election laws to never need your vote again, you are non-essential in their world.

Even worse than non-essential, you’re a problem. While they appreciate your assistance in their quest for power, your usefulness ended the minute they were elected. Some, the BLM and ANTIFA folks currently threatening to burn D.C. to the ground, seem to have figured this out already.

But what about the average young stooge who was Pavlov trained to hate freedom, liberty, and real justice in K-12 and especially on the college campus? – Those taught to hate and “cancel” everyone who isn’t just like them? – Those who were taught that pride and reverence for our country and our flag are acts of sedition and white supremacy? Have they figured it out yet?

Have they figured out that they were Pavlov trained to hate every freedom and liberty they once had, and everyone who is fighting for them? Have they figured out that “racism” is only alive in the USA today, because the ruling political class must keep it alive, as a tool to divide and conquer the people? Have they figured out that hating and canceling the “haves” means they will forever be “have-nots?”

No, I doubt that many of these formally trained useful idiots have figured any of this out yet. That’s because, worse than knowing literally nothing about any of this today, they were also trained to reject all truths without consideration. Not only are they horrifically uneducated...they are also well-trained to be almost entirely unteachable. It’s not possible to teach anyone who refuses to learn.

The Constitutional Republic we had before the 2020 election was designed to protect any minority from any majority, by absolute protection in the Constitution and Bill of Rights. But the young were trained to hate this too.

Today, the USA is no longer a Constitutional Republic with absolute protections for every American citizen, no matter race, creed, or color. Now we are a tyrannical socialist state governed not by laws, but by rulers who claimed that power by the most criminally corrupt election process in U.S. history, and the young people unwittingly helped them do it.

Not a single American has any constitutional protections of Life, Liberty or Happiness today. That was all sold in exchange for promises of free gifts from the public trough. Most don’t know it yet, but as soon as the Biden regime completes their mission of purging all dissenters from the Military, National Security Agencies, the Department of Justice and the FBI, the hammer will drop.

Get real...dementia Joe and slept-her-way up to power Harris, are not running anything, not even the teleprompter. They are empty vessels, mere placeholders for the global socialists and communists actually running our country now, from behind the scenes.

A long time ago, I wrote in a column that I was growing increasingly concerned that our citizens were rapidly rushing towards the moment in history when they would simply be “too stupid” to remain free. 2020 marks that moment in history... unless we do something to reverse course. So far,



most are not even aware of the problem! YOU are the future taxpayers who will have to pay dearly for your future “free stuff” for others.

© 2021 JB Williams – All Rights Reserved // E-Mail JB Williams: JB_Williams@comcast.net



NOWHERE MEN, CONTINUED FROM PAGE 9

of high Victorian England. This was possibly dangerous stuff in its day, as Britain stood atop the greatest global empire the world had ever seen. And, there was no end in sight that it would end any time soon. That it did shows that even empires, no matter how strong they may appear, are a house of cards.

The British parliament, however, took its role very seriously then and now. It may have had its cast of characters—colorful men, eccentric men, outrageous men, some silly men, and courageous men (there were no women in the Commons at that time), yet still, they all took the institution of parliament very seriously. It was not a stage for grandstanding and irresponsibility. It was about the country.

It was not necessarily dignified, though. British politics in 1875 was not one long episode of Downtown Abbey. There was the undignified side of politics and the dignified as well. Government, wrote Walter Bagehot in his “British Constitution,” had two sides. The dignified side, the side that did not mettle in the seamy affairs of making sausage, was the monarchy—the Crown. The other side was parliament, particularly the House of Commons. That’s where the sausage was made.

There is some sense that in the early days of this American republic the Presidency might play the same august

role as the Crown in Britain. After all, the first president was George Washington—a fairly sober, pragmatic, dignified man well before he became chief executive. That he behaved like a king, though he was not, speaks to the kind of man he was.

This did not last long, as America was a rough and tumble place, with a lot of growing to do, and a cast of characters who were not all honorable men. Within a short time, American politics became a free for all for personal destruction, ambition over character, and an attitude of “take no prisoners.” Sometimes there were presidents who could keep a lid on all this; at other times presidents themselves entered the fight.

Still, there was a gravitas that remained in place—a belief that the nation was more important than any one man’s ambition or character.

And, there was no Internet. And there was no constant news cycle rife with rumor, innuendo, and an agenda. It took time for “news” to digest, to be understood, to be thought about.

We live now in a new world: a world where no one thinks about “news,” people just react. And many of the manipulators, who pull the strings for instant power gratification, are people of no character. They look like the cardboard cutouts at the Super Bowl. They look like they stepped from Central Casting to play a part. There is no there there. To paraphrase Lennon/McCartney, “They are nowhere men, living in a nowhere land, they don’t have a point of view, aren’t they just like you and me?”

These are people who stand for nothing, will do anything, and fall for anything. They want to please the crowd. They want applause. They don’t want to do the hard work. Behind their empty rhetoric are well-rehearsed catch phrases and the lingo of the day. They talk incessantly about having “a conversation” not a debate. For a simple reason, it’s hard to debate a point when you haven’t done the homework to understand an issue. Feelings have replaced rational judgement.

They put personal vendetta above the needs of the country. Because they lack character and judgment, today’s one upmanship is more important than preserving the fabric and respect of American institutions. Nothing is sacred.

Thus, we come to the recent charade of the impeachment of a President of the United States after he left office. This event will have long-term damaging consequences to the health of the nation, the Constitution, the presidency, and the respect of the Congress—though the latter has little respect left.

No leader of the impeachment squad (and this includes a deranged Speaker of the US House of Representatives) ever stepped back, and took a deep breath, and asked, “Do we really want to do this? Is this good for the nation? What will be the consequences down the road? Is it constitutional?” Basic questions. But these nowhere men (and women) represent us. We put them there. And that tells us more about us, as a people, than it does about the nowhere men and women making these decisions.

It also speaks to the double standards embraced by
CONTINUED ON PAGE 25

*Now Hiring
Experienced
Carpenters*



**Building a
Brighter Future
One Building
at a Time**

- ✓ **Builder**
- ✓ **Developer**
- ✓ **Residential**
- ✓ **Commercial**
- ✓ **Historical**
- ✓ **Renovations**
- ✓ **Repairs**

Roy Rogers

804-263-4333

ROY4TH@VERIZON.NET
We Accept Credit Cards!

LETTERS TO THE EDITOR

WE TOLD YOU SO

Dear Editor,

I want to thank the liberals who elected, whether fraudulently or not, the current White House resident. This lifetime politician seems to be continuing his 48-year political career of doing nothing but hurting the economy and the U.S.

Just remember 30 days ago gas was just barely over \$2.00 a gallon, now it's headed toward \$3.00 a gallon with predictions that it will soon be \$5.00 or more. The U.S. was self-sufficient in energy. His inauguration day was barely over when he signed 30 + executive orders that called for the halt of fracking, stopped construction of the Keystone pipeline, and stopped the completion of the wall across the southern border of the country just to mention a few. Before the blink of an eye, it is reported that he caused approximately 1,000,000 jobs to be lost. He seems to want to welcome hordes of people from south of the border who will come into this country bringing no job skills, looking only for handouts. Already his administration is pumping in more and more regulations that will wreak havoc with the coal industry.

The Democrats are trying to fool the country with their Covid-stimulus plan. They want to spend trillions of dollars that we don't have, and the reported result is that only 9%

CONTINUED ON PAGE 15

CONGRESSMAN WITTMAN IS CORRECT

I've read many opinion pieces in newspapers serving the 1st Congressional District condemning Congressman Wittman for his support of law suits attempting to certify votes in the 2020 Presidential election. The authors of those pieces confirm my suspicions that a number of dangerous situations exist in the District! The level of absolute ignorance of the Constitution is widespread; denial of massive election fraud, the deranged level of hate for President Trump, and our school system at all levels have miserably failed our country.

The Constitution allows for the formal questioning of the validity of votes cast. One assertion that all "86 fraud suits filed by Trump" were lost is ignorant rubbish. Trump filed 13, won 2, 2 denied/rejected others pending, dismissed or dropped. Congressman Wittman was absolutely correct in supporting Texas's effort. In my opinion, SCOTUS wrongly refused to hear any evidence presented for "lack of standing". Stolen election. No standing???

Evidence of massive voter fraud has been revealed. Denial of fraud is driven by blind hate of President Trump, as well as ignorance of facts. 42% of the country believes there was massive fraud. More to come!!

CONFEDERATE MONUMENTS

Dear Editor,

Thank you, Ed Haile for the recent excellent article regarding the Confederate Monument!

With fear and trepidation I would like to enter my opinion into the fray.

Some may know that I do dramatic impressions of Women in History. One of these I put a voice to the southern white woman of the 1860's during the War Between the States. Much of this presentation is based on my family history when my g-great grandmother and her three sisters, six sisters-in-law were left to care for, between them, 18 children, an elderly father and an invalid mother when all the men were drafted (conscripted) into the Confederate cause. My ancestor, Phillip Hockman was 38 years old, he did not want to go, but if he didn't he would be killed. He went AWOL to go plant his crops! None of the family owned slaves. This left the women responsible for the crops, livestock, home and family. Like the southern men, the women were also conscripts, not volunteers! I can only imagine how they felt as they were left to worry and wonder if they would ever see their loved ones again.

For the southern women, the war came to them. They saw their familiar domestic scenery turned into battle-grounds and waste land. These women endured desperate shortages of food and supplies. They often went hungry and they worked harder than they ever believed possible. They endured abuse and insult from, to them, a hated invading enemy.

Emma Simpson, a young 13 year in her diary "When Will This Awful War Be Over" writes, "Sunday, Aug. 28, 1864. Last night I looked out the window and saw men in the trees watching the house. I trembled with fear and felt a chill despite the heat. The war is at our door. Monday, September 12, 1864. The news is bad all over. Mrs. Cornelia Finch's house has been set aflame. The Yankees came shortly after breakfast and informed Mrs. Finch that she should remove everything from the house, which she did although it was no small chore since she has five children and no one to help her but her invalid brother, who was at least able to

CONTINUED ON PAGE 15

Home Feeling... Cramped?



**Maybe it's
time to upgrade!**

Buying or Selling, I can Help!

Contact me Today!

Angela Carter, REALTOR®
EXIT Realty Expertise
9441 Kings Highway, King George
Call or Text: 540-755-0147
Angela@ancrealtor.com
www.ancrealtor.com




ANGELA CARTER
EARNING YOUR TRUST. INSPIRING YOUR DREAMS. MAKING IT HAPPEN.

Donald J. Trump, an outsider, honest business man, who loves this country, received just under 80 million votes. He is hated by the "establishment" because he exposed massive corruption of politicians (both parties), media, and corporations who run Washington.

Our school systems have corrupted students for generations. They have been presenting hate America false history, warped social behaviors, critical race theory, and other garbage. Not subjects needed for life's successes.

CONTINUED
ON PAGE 15

LETTERS TO THE EDITOR POLICY

The Sentinel encourages Letters to the Editor and all viewpoints are welcome.

- Please limit submissions to 500 words.
- The deadline is the last work day of each month.
- Profanity and personal invective will not be allowed.

ST. MARGARET'S, CONTINUED FROM PAGE 5
 She urged students to use the information from these daily Trailblazer emails to begin their journey of learning more about the individuals highlighted.

In addition, the administration took further action to foster reconciliation between the two students.

At no time was the student denied the opportunity to honor her chosen trailblazers. Her family chose to leave the school on their own. We wish the student all the best in her future endeavors.

We address every matter concerning our beloved students with care and are always saddened when internal matters are taken out of context and misrepresented in the public arena.

While this entire situation is unfortunate, we will continue to grow in grace and encourage our Scotties to think independently as we embrace our identity as an Episcopal institution."

While the statement is well crafted, it also seems to be disingenuous. For one thing, the statement refers to the Black Trailblazers series as "a student organized effort". In actuality, it was an assignment by the Black Students Union. This begs the question of why any student organization is allowed that is based on race? Should there also be a white, Hispanic or Asian student union?

The statement also claimed that they were "saddened when internal matters are taken out of context and misrepresented in the public arena." Unfortunately for St. Margaret's, that arena got much larger when Julia appeared on the Fox News show Tucker Carlson Reports.

During her appearance Julia verified that the school had sought to have her and the other student reconcile but they would not require the other student to apologize to the whole school and staff to which her original condemnation had been disseminated.

During her interview with Tucker Carlson Julia held to her convictions, stating: "Experiences like this cannot make me be silenced." and added that she would continue "being vocal in what I believe."

The Sentinel would like to commend Julia and her family for standing up to racial intimidation. Although St. Margaret's may, as they say "embrace our identity as an Episcopal institution", it is difficult to imagine that Jesus would treat his children differently based on the color of their skin.

FINAL INSTALLMENT (PART 2/2) OF "FACING UP TO THE CHINA THREAT" FROM THE JANUARY 2021 EDITION

CHINA THREAT, CONTINUED FROM PAGE 1
 working for the Ministry of State Security, but also a myriad of business and industry officials, Chinese scholar associations, Confucius Institutes operating on American campuses, and 370,000 Chinese students attending American universities. Every one of these Chinese citizens is subject to Article 7 of the PRC's National Intelligence Law of 2017, which requires that "any organization or citizen shall sup-

port, assist, and cooperate with state intelligence work." Students and others must report to handlers in Chinese consulates and embassies about who they meet, the research they're working on, and whatever else is demanded.


It should not be surprising that a combination of the efforts of this network and of China-based cyber criminals yields \$500 to \$600 billion of intellectual property theft annually. Also aiding the effort is China's Thousand Talents Program, which seeks to recruit the brightest Chinese and American professionals to support Chinese science and industry. This has proved to be a real problem for the U.S.—consider the recent arrest of Harvard chemist Charles Lieber for not disclosing his ties to the Chinese government and the firing of the Chinese-American CIO of the California Public Employees' Retirement System, who had invested CalPERS funds in Chinese corporations tied to the People's Liberation Army.

Perhaps the greatest threat to the U.S. posed by the CCP is its corruption of America's business and financial elites, who view the economic benefits of dealing with China as more important than America's national interests. If there is a single group committed to the globalist project and the delusory China dream, it is Wall Street. Our great investment banks are now selling trillions of dollars in debt and equity in Chinese corporations to American investors and retirees. They are literally betting on the success of China at the expense of the U.S.

The People's War



Over the past decade alone, the PRC has stolen almost

CONTINUED ON PAGE 20




Let Us Protect You - 24/7

Monitoring Partners:

"Free Estimates"
Lic. ID #11-2008

"Don't let this happen to you"...




ALLIED ALARM SPECIALISTS


Virginia: (703) 329-8660 & (804) 224-0000
 West VA: (304) 267-0366 Maryland: (301) 733-9589
 Toll Free: 1-800-548-3135

DAVID LAND

Security Consultant
 Visit Our Website: www.alliedalarm.com



Top Rated Services



BBB Rating: A+

Schools & Education



AP Photo/Mark Lennihan

DEAR TEACHERS: GET BACK TO WORK OR HIT THE PAVEMENT

By: Kira Davis

Dear Teachers:

I'm not going to start out this open letter by praising you for all your hard work, sacrifice, or efforts. Frankly, I'm sick of having to qualify every single utterance about teachers and the jobs they do (or don't do, as it were) with paragraphs of drooling praise just so everyone will know I don't

hate teachers. If you want to think that about me, I shan't disabuse you. You are probably the type of person who thinks that any type of disagreement or criticism is hateful and you've drained enough energy from me these last few years.

Think what you want. I've put in my praises. Now is time for a little bit of tough love. So here it is, specifically for the Chicago Teachers Union that is refusing to go back to the classroom even with vaccines, but generally for every teachers union out there trying to pull the same shenanigans.

Get your asses back to school.

You are not entitled to your job. If you do not wish to do your job, quit your job.

One more time for the kids on Zoom...

YOU ARE NOT ENTITLED TO YOUR JOB.

Six of our rank-and-file dance teachers come together to use their art form as a voice to express their desire to feel safe amidst CPS' teacher return policy. They stand in solidarity with all educators at risk, because no one should have to choose between life and livelihood. pic.twitter.com/gajXH9PRre

— ChicagoTeachersUnion (@CTULocal1) January 23, 2021

It is perfectly reasonable for adults to feel leery of returning to work in a situation that forces them to be in close quarters with others. It is perfectly reasonable to suppose that even a virus with a 99.6% survival rate still poses a risk to your own health. It is perfectly reasonable to choose not to mess with such an incredible survival rate at all and simply stay out of public life until a better solution is found.

These are all reasonable assertions and reasonable solutions should be reasonably applied by reasonable people in regards to their own situation. In other words — make your own choices. No one can blame you.

The problem comes when you make choices for me and my children based on your needs and fears.

The problem comes when you think your job is so important that you can have your cake and eat it, too.

You are not entitled to your job.

If you feel unsafe in the classroom, and you perceive that you are being pushed back too soon, quit. Go find a job that will let you stay home or one in which you do not have to interact with people physically. Be a dog walker. Become a writer. Train to man a suicide hotline.

Nobody cares that you put years and thousands of dollars into your education. That was your choice, as was the decision to become a public school teacher. No one forced you or even asked you. If you cannot perform your duties because you feel threatened by said duties, quit. No one forced you to take the job in the first place, believe me, no one is going to force you to stay.

Your job is not sacred. You are not special. You get paid to perform a service. You have stopped performing that service and our children are suffering immensely. Not only does the science and data support a full and safe return to school, common sense does, as well.

While we parents have been watching our children break and sink a little more each day, you call us selfish for insisting they be allowed to return to school. You don't care about my kids more than I do. Do you seriously think I would send them into an environment I felt was possibly fatal?

Your overdramatic hysterics have been duly noted and now roundly dismissed. Your lives are not on the line. Our children's lives are, as witnessed by the skyrocketing suicide rates among isolated children. Not to mention the tragic proliferation of unreported domestic violence at-risk children are now suffering in isolation. You are their mandated reporters, yet you refuse

Are YOU thinking of Buying or Selling your Home in this BUSY Market in Virginia now??
Well, There's NO better time!!

Contact me TODAY to List or Purchase your Home and your Seller/Buyer Home Warranty with AMERICA'S PREFERRED HOME WARRANTY will be taken care of by me at Settlement!

Your Home MUST Close, and this offer expires **March 31, 2021** *Must Mention this Ad
*Home Warranty value up to \$500 with America's preferred Home Warranty only...the BEST in the Business!
*Find out more about AMERICA'S PREFERRED HOME WARRANTY AT: APHW.com
*See my CLIENT REVIEWS at: RealSatisfied.com/Tina-M-Keene

Tina M. Keene, Realtor®

MRP, PSA, ABR, SRS, SRES, ePRO®

Cell: 301-751-1154 • Tinamkeene.realtor@gmail.com

www.tinamkeene.com • Office: 540-775-6555 • 9441 Kings Highway • King George, VA 22485



Specializing in Home Sales with
SUPERIOR customer service for
Buyers and Sellers throughout
Virginia including
Virginia's Northern Neck



Each Office is Independently Owned and Operated

GET BACK TO WORK, CONTINUED FROM PAGE 14 to even see them even though that is exactly what you continue to be paid to do. If you cannot do your job that you volunteered for, go find another job that will help you to feel safer and let your post be filled by someone who is willing to perform the duties of a teacher and fulfill the requirements needed to earn a paycheck.

Get over yourselves. Your job is no more important than my job. Both of our jobs can be done by other people should we choose to leave said job. No one is indispensable. I taught my kids how to read, tie their shoes, wipe their own butts and make their own food. I taught them how to use the stove, how to be kind, how to reach out to those in need. I taught them how to care for other living beings, how to be responsible for their own choices, and how to live out the consequences of their own poor decision-making.

I did all that and I'm no one special. Parents like me do it every day. For those of us who can't grasp algebra or the American Revolution, YouTube and Kahn Academy are free and very easy to use.

You're not the most important person in the workforce. You don't deserve to be permanently glued to your job regardless of performance. You don't even deserve 100% peace of mind. That is for you to pursue, not your employer. Might I remind you that WE THE PEOPLE are your employers.

Again, if you feel unsafe, it is the simplest thing in the world to render a resignation letter and let some younger, healthier, more ambitious teacher take your place.

And please stop feeding us all that stuff about "for the kids" because we both know the kids are last here. The

only people putting kids first are their parents and yet we are insulted and lambasted as morons and murderers by the people who keep getting our tax dollars to insult our intelligence on a daily basis. You've got it right there in your name — teachers union. Let us not pretend students factor into this discussion for you at all.

You've done nothing to deserve lifetime job security. Your job is just that — a job. A job you get paid to do so don't lecture us about how important you are. There are a million people waiting to replace you.

We parents are sick of your stupid dance videos and protests and artistic representations of your "pain." While you get paid to stay home we parents — rich and poor alike — are actually doing the hard work of keeping our kids afloat educationally while still paying your bills and ours.

You're not special. Go to work or find another job. Enough is enough.



Kira is a freelance writer and Editor-at-large for Red-State. She has appeared on Fox News, OANN, The Blaze and The Dr. Phil Show. Kira is also a regular guest host at KABC radio in Los Angeles. Her podcasts "Just Listen to Yourself" and The Kira Davis Show

are heard by hundreds of thousands of listeners across the country and the globe. Kira lives in Southern California with her husband and two children. She is a dog person but has been known to tolerate cats from time to time.

WE TOLD YOU SO, CONTINUED FROM PAGE 12 of that money will actually go to Covid sufferers. The rest will go to political handouts and pay backs.

The more we see of the liberal point of view and their aims, the more it becomes evident that the U.S. is on the wrong road. If our democracy is to be saved, the populace better take heed of what the liberals are striving for and start voting the wild left leaning members out of office every chance we have.

Bob Norman; Lancaster, VA

WITTMAN, CONTINUED FROM PAGE 12

Congressman Wittman has an outstanding record supporting his constituents. When Congress passes massive taxpayer funded appropriations, he makes sure that his District receives funding for programs like broadband, schools, healthcare, federal jobs, transportation, and more. Doc Dugan; Hague, VA

MONUMENTS, CONTINUED FROM PAGE 12

hold the baby. While they were leaving the Yankees were pouring liquid all over the house and as they drove away they turned to see the house go up in flames. The house burned to the ground.

Margaret Junkin Preston, known informally as the Poet Laureate of the Confederacy, wrote "Why all these four years of suffering, of separation, of horror, of blood, of havoc, of awful bereavement? Why these ruined homes, these broken family circles, these scenes of terror that must scathe the brains of those who witnessed them until their

CONTINUED ON PAGE 28

Robert H. Taylor, D.D.S.

General Dentist

DENTURES | PARTIALS | EXTRACTIONS | IMPLANT SUPPORTED DENTURES

Dr. Taylor has provided denture related services for patients in Virginia for over 25 years.

Valley Denture Care

(804) 723-5658

Conveniently located just off
I-295 and HWY 360

7472 Lee Davis Rd
Mechanicsville, VA 23111

Call Today To Schedule Your Complimentary Consultation!



www.valleydenturecare.com





Shad curly tail grub

WHITE PERCH RUN AND OTHER SPRING FISHING JOYS

By: Mark Fike

White perch are a panfish that many “big game” anglers overlook and some even view as below them to target. The truth is that white perch are a great tasting fish that are in our local waters this month as they head upriver to spawn. In fact, local creeks and tributaries may have some fish spawning in them.

However, I would like to share a story about white perch with you. 20 years ago I found a great place on the Potomac River to catch white perch. I could use a spinner or Beetle Spin and just wear them out cast after cast. I always had a great meal of perch filets. While they were small, they were tasty and fun to catch. That was back in the days when croaker were big and abundant, catching a few nice rockfish or gray trout in the bay was not too hard and bluefish were everywhere. In fact, flounder were not hard to get either. However, I was having a blast catching 40-50 perch. I commented to a few people about all the nice perch I was catching and I got scoffed at. It did not bother me. I like to eat my catch and I could have a good time and a few meals put up too.

Fast forward to the past few years. I found it funny that two of the people I had commented to about the perch all



Shad roe

those years ago were telling me how great the perch fishing was and how big they were and how great they taste. I had to laugh. Now that the other fish like rockfish, trout and flounder were not in good supply, these guys were championing the lowly white perch.

Anyway, look for white perch in the rivers and tributaries this month and if you can find some bloodworms that is going to be the best bet for them at this time of year. Use a bottom rig. Gravel bottoms are great places to fish or sandy areas. If you don't have blood worms, use a bright white or chartreuse jig with a hot pink head on it. If you can find a jig head with a tiny spoon blade on it, they often work even better.

Shad Run Upriver

The readership area does not include the fall line of the Rappahannock River. However, if you have never gone Hickory shad fishing before, you owe it to yourself to give it a try at least once in your life. The best place to fish for them is either in Richmond on the James, Walkers Dam on the Chickahominy or at Fredericksburg on the Rappahannock. I fish the Rappahannock in Fredericksburg.

Some may wonder why you would go fish for a baitfish. Most readers use menhaden or shad for bait. However, Hickory shad spawn in the upper reaches of our rivers and then go back to the ocean in May. The spawning starts in late March and continues through April and even early May. These fish are acrobats and leap from the water taildancing and shaking like a miniature tarpon. They are great fun on ultralight tackle. And, during the heat of the run, you can hook and land dozens in an evening.

Use a tiny shad spoon, a shad dart (special colored jig) or a tandem use of both. I prefer using a crappie jig like the one I described above for the white perch. A hot pink head with a chartreuse curly tail worm or grub jigged slowly upstream in the current at daybreak or dusk is dead on the fish. You do need a moving tide to do well with them and overcast days can be better unless the run is red hot which is generally the middle of April.

If you go shad fishing, check the water levels before you make a trip. While downriver areas may not look high or flooded, the upriver areas can be very high and flooded.

Be prepared for crowds. These fish are so much fun to catch that they do draw crowds up and down the banks and there are often non anglers enjoying the weather too. Using a boat might be better, particularly if you have a small duck boat. Don't be too surprised if you catch a striped bass or catfish. The striped bass will have to go back in the water immediately but the catfish you can fry up!

Shad are not much for eating unless you salt them. Salting them (saltfish) is great for breakfast, but few have



Larry's white perch

the knowledge of how to put up saltfish. The roe in the shad is really good in my opinion, but I am told it is an acquired taste. It is sometimes called “poor man's caviar”. Cooking the roe is as simple as putting it in a skillet with some oil and some seafood seasoning on it. Some put that finished product on toast. It does taste fishy and it should; it came from a fish!

March is a tough month to stay indoors. We are all itching to wet a line. Go for fish that are going to be in the area and increase your odds of having some fun too.

UPCOMING HUNTING CONSIDERATIONS

By: Mark Fike

Hunting season basically just ended but preparation for the season is best started now. Here are a few things that all of us need to consider.

Waterfowl considerations

Some duck blinds can be relicensed if you are the riparian owner. The sale date started Feb. 1st for the upcoming season. There are some things I would observe and throw out there to waterfowl hunters. First, if you relicense your blind now, there is very little cover. It is very easy to put a tag on a plate and get in and out of an area when there is not much vegetation. That is a plus. However, come September when those looking for a spot to license a blind go out on the river and cannot see your tag or license and they film or take pictures of the area, it is going to make a messy situation where the riparian landowner/duck hunter is going to cry fowl (pun intended) about someone encroaching on their blind or their land.

CONTINUED ON PAGE 17



Stake blind, in plain view for everyone to see

HUNTING, CONTINUED FROM PAGE 16

Honestly, if the other party could not see your tag hidden behind a wall of Phragmites along the river, you cannot blame them for putting up a new plate and duck blind. How that will play out with the conservation police officer (game warden) or in court is probably going to be dependent on the judge or the game warden. In the end, after a lot of arguing and proving you actually put your sticker up first (not just purchased it but PUT IT UP) you will win, but it will take some effort on your part. Who wants to waste time arguing? Put the stickers and plates where they can be seen all summer long so prospective duck hunters can easily see that you already laid claim to that stretch. This is the ethical thing to do. Take photos with your cell phone of the sticker with a date stamp on it.

Those looking for a place to put up a blind will appreciate being able to see your plate. Also, if you are looking for a blind location, take video and pictures of the areas before you commit to putting up a blind in case you end up in a controversial situation. Video and pictures shown to the conservation police officer hold more water than words.

March and April are probably good times to shore up that blind and make repairs before it gets too hot. It is far easier to do the work when conditions are cool and calm and not when you prefer to be fishing and are busy swatting mosquitoes and sweating!

Tree stands, POSTED signs and shooting lanes—don't forget the landowner either!



Trim shooting lanes

Just as working on a duck blind is easier now, so is taking down or repairing a treestand. I would still check your stands come September, but you can do the repairs now and take inventory of materials needed to fix things. I also like to cut my shooting lanes way back this month before things green up. Cut more than you think you need because things

will grow like crazy this summer when the heat comes on.

Now is an excellent time to put up or replace old POSTED signs. Signs get tattered by the winter winds and low angle of the sun. There are no mosquitoes, few ticks and snakes, and it is easy to see old property lines and boundaries now. AND, turkey season is coming. Place your POSTED signs in plain view where everyone can see them so you don't have interlopers this spring gobbler season. If signs are missing, worn and tattered etc. any trespasser is going to try to weasel out of being charged by pointing that out and saying they could not see the property lines.

Now that hunting season is over, take a minute to visit your lease owner or landowner and thank them if you have not already. Take some processed meat to them or a gift card or a load of firewood to carry them through the last month of cold weather. That gesture will carry you into next year.

Ammo

Last, I would point out that ammunition is not easy to get in most places. I would most definitely take inventory NOW of what you need and get it NOW starting with spring gobbler loads. I went online to order some loads for my daughter and found several people were already out of stock. If we had a place near me that sold what I was looking for locally I would go there first. Keep your local shops in business when you can!

I would encourage you to also consider what you might need for the fall seasons now too. Ammo has been in short supply for a while and now in the current political climate it probably is not going to get any better. I was talking to a company in Idaho that makes ammunition and I was inquiring about a certain handgun load as none of my local shops had it. They had just fifty rounds left and said everyone is buying it up. According to that company, they were told by current government officials that proposals were being made to shut down all purchasing of ammunition online. Even if you purchase ammunition locally all of the time, imagine if Internet sales of ammo gets shut down. A bigger run on ammo will be made and supplies will dry up instantly. I am not trying to stir the pot, but rather, trying to help everyone be aware of what could happen so they can prepare and have what they need to



CITATION LARGEMOUTH BASS

Citation Largemouth Bass caught in a farm pond by Parker Brown, aged 10, of Irvington. The fish weighed in at 9 1/2 lbs, was 25in. long, and had an 18in. girth. Parker is a student at Chesapeake Academy and is the son of David and Lara Brown. David is the co-owner of Brown's Marine in Deltaville.

have a successful hunting season! That said, be sure to be in contact with your state and federal representatives on firearms matters. Let them know you vote and you are watching their vote!

Northern Neck Lawn Service

Professional Lawn Service | Serving the Northern Neck

Mike Dawson
Owner

Northernnecklawnservice@gmail.com
(804)456-8232 | Free estimates

Grass Cutting	Topsoil	Tree & Bush Removal
Weed Trimming	Snow Removal	Tree & Bush Trimming
Mulching	Power Washing	Trash & Yard Debris Removal
Aerating	Spraying of Woods	Landscaping Rock & Stones
Grass Seeding	Fertilizer & Lime	Edging



SPORTS



WASHINGTON FOOTBALL TEAM CAN NFC EAST CHAMPS REPEAT?

After surprisingly winning the NFC East title despite a 7 and 9 record, does Washington have a chance to repeat? The short answer would be yes. First of all, the Division is as weak as we have seen it in recent memory. Second, Washington has by far the most available cap space in the Division, has a load of draft picks and finally has some

stability in the coaching staff and front office.

The first major personnel move was the signing of quarterback Taylor Heinicke to a two year 4.75 million dollar contract. After being picked up late in the 2020 season, Heinicke performed well in the two games that he played in and nearly pulled off a playoff victory against the world champion Tampa Bay Buccaneers.

Incumbent Kyle Allen also played fairly well before being injured and he still has another year on his current contract. He and Heinicke are expected to battle for the starting position against either a free agent signee or draft pick.

Despite winning Comeback player of the year, veteran quarterback Alex Smith is gone. At age 37, with a big contract and a clear loss of mobility, he really doesn't fit in with a young team looking for a long term solution. The announcement was made in early March and it opens up even more cap space for what should be a banner year for free agent acquisitions.

However, before diving into the free agent pool, Washington needs to decide which of their own free agents they plan to keep. They are All Pro Guard Brandon Scherff, cornerback Ronald Darcy, linebacker Kevin Pierre-Louis, placekicker Dustin Hopkins and long snapper Nick Sundberg.

Sherff is the biggest decision as he will undoubtedly be the best guard on the market and will probably command about 15 million dollars per year. His tender amount is 18 million so it will be a tough decision. Sherff wants to stay in Washington but his price tag is problematic.

Another free agent who may be on the way out is veteran defensive end and franchise leader in career sacks, Ryan Kerrigan. Although he was effective in a limited number of snaps, Kerrigan wants to start, which is unlikely with Chase Young and Montez Sweat ahead of him. He is almost certainly gone and his likely departure, along with Alex Smith, will leave over 60 million in cap space available.

With money to burn, Washington can address their most glaring needs and fill in the gaps with the draft. Wide receiver is the greatest need and there is an impressive group available including Allen Robinson, Chris Goodwin, JuJu Smith-Schuster and Kenny Golladay. Goodwin will probably be tagged but expect Washington to land one of the others to compliment Terry McLaurin, who was constantly double teamed in 2020.

You can also look for depth to be added on the offensive line and tight end. On the left side of the line guard Wes Schweitzer and tackle Cornelius Lucas were brought in to replace Wes Martin and Geron Christian. They were definitely an upgrade but look for Washington to invest a high draft pick or sign a big time free agent to solidify the position.

Likewise, tight end Logan Thomas, who has emerged as a legitimate threat, needs some backup. Another pass receiving threat is needed. 2020 rookie Thaddeus Moss was injured in the preseason last year but he could surprise. He is the son of Hall of Famer Randy Moss.

Washington needs a lot less help on defense. Their defensive line is dominant and, even with the loss of Kerrigan, they are formidable. Also, 2019 Pro Bowl alternate Matt Ioannidis is returning from injury. He had 8.5 sacks in 2019.

The linebackers are solid but there is room for improvement. Jean Louis-Pierre is a free agent and his status is in doubt. Veteran Jon Bostic is also solid and young Cole Holcomb is learning to use his speed to disrupt opposing offenses. Expect some additions at this position.

At cornerback, Kendall Fuller is top notch and his counterpart, Ronald Darby, also played well as he avoided the injuries that have haunted him in the past. He is a free agent and will undoubtedly be offered a contract. Either way, expect more depth to be brought in.

Seventh round rookie safety Kamren Curl was a sensation but there was a combination used opposite him after Pro Bowler Landon Collins went down with an Achilles tear early in the season. Unless he recovers fully, he could be cut due to his hefty salary. Regardless,

CONTINUED ON PAGE 19

OPEN FOR TAKEOUT



Angelo's

Restaurant and Raw Bar
SERVING THE FINEST SINCE 1984

15835 Kings Highway • Montross, Virginia 22520

804-493-8694

Restaurant • Raw Bar • Pizza • Steak House

Angelos10@Verizon.net

CONTINUED FROM PAGE 18

depth is needed.

The special teams are above average. Punter Tress Way is elite. Both long snapper Nick Sundberg and placekicker Dustin Hopkins are free agents but both are expected to return. Hopkins struggled with a groin injury early in 2020 but recovered well later in the season.

Washington has the opportunity to make a big step up in 2021. With the NFC East in turmoil, and a ton of cap space and draft picks, they hold their own future in their hands.



COWBOYS ROUNDUP BIG DECISIONS AWAIT

The 2020 season was a huge disappointment for Cowboys Nation. No one could have predicted a 6 and 10 record and, although injuries played a role, there are also other areas of concern. The most pressing is the status of quarterback Dak Prescott.

Prescott was playing at a high level until he broke his ankle but his rehabilitation is going well. A long term deal seems far off and it will cost 37.7 million to tag Prescott, which seems the most likely outcome. Backup Andy Dalton is looking for a team where he can start and backups Ben Dinucci and Garrett Gilbert are unproven. Dalton is a free agent and will probably leave if Prescott remains.

With wide receiver Amari Cooper and running back Ezekiel Elliott both already signed to mega contracts, Dallas must decide if they want to invest upwards of 40 million dollars on a very good but not elite quarterback.

Another dilemma facing Dallas is that several other starters are also free agents including defensive end Tyrone Crawford, defensive end Aldon Smith, cornerback Chidobe Awuzie, linebacker Sean Lee, tackle Cameron Erving, cornerback Jourdan Lewis, center Joe Looney, linebacker Joe Thomas and safety Xavier Woods. Six of these free agents are defensive starters.

Defense is Dallas' Achilles heel and cornerback is their greatest need. Awuzie was their best cornerback but the free agent missed most of 2020 with injuries. Rookie Tevon Diggs has potential but is still green. Look for Dallas to use their first round pick here, most probably on Patrick Surtain Jr. of Alabama or Caleb Farley of Virginia Tech. They are the two highest ranked corners on most draft boards.

Safety is also an issue with Woods likely leaving. Second year player Donovan Wilson has potential but someone is needed to start opposite him if Woods departs.

The third area of need is the once dominant offensive line. Left tackle Tyron Smith is a

perennial Pro Bowler but has not played a complete season since 2015. Right tackle La'el Collins is also solid but depth is badly needed. If Dallas doesn't pick a corner with their first pick look for it to be invested here.

Dallas currently has 19.4 million dollars in cap space and six draft picks. Their fifth round pick was lost in a trade. They are, however, expected to receive about four compensatory picks and, since they are slotted to pick 10th, they should have plenty of ammo for the draft.

With so many free agents to resign the Cowboys will be in a cash shortage so the draft will be critical to them. Also, even though offensive tackle and the defensive backfield are the biggest needs, they also need help at linebacker, defensive line and interior offensive line.

Dallas still has a lot of offensive firepower with Elliott at running back and possibly the best trio of wide receivers in the league. Amari Cooper is a perennial All Pro, Rookie CeeDee Lamb looks like a future star and Michael Gallup is underrated.

The key for Dallas will be the rebuilding of the defense. Although Philadelphia is struggling, both Washington and New York have young teams that are building their talent bases. Unless Dallas successfully reloads this offseason they will miss the playoffs again.



L-R: The boarding contingent of the state championship swim team - Coach Dave Coal, Javier Sobreviela, Evan Randall, Lucas Qi, Jeb Baker, Izzy Kiland, Jackson Kiland, and Bryan Floyd.

CHRISTCHURCH SWIMMERS STATE CHAMPIONS

Christchurch School swimmers have won the 2021 Virginia Independent School Athletic Association (VISAA) Division 2 State Championship. The team placed 4th in the state overall.

The VISAA State Swimming and Diving Championship looked a little different this year - it was done virtually, with swimmers competing in their home pools with "Proof of Time" verified submissions. The home pool for the Seahorses in the Kilmarnock YMCA.

Members of the team are: Javier Sobreviela '21 (Playa del Carmen, Mexico), Evan Fannin '22 (Hayes), Jason DeGraw '21 (Gloucester), Jackson Kiland '22 (Christchurch), Izzy Kiland (Christchurch), Lucas Qi (Shenzhen, China), Bryan Floyd (Spotsylvania), Jeb Baker (Stafford), and Evan Randall (Fredericksburg).

Javier Sobreviela was named All-State MVP, winning 1st place in the 100 Breast and the 50 Free. The team won the 200 Medley Relay and the 200 Free Relay. Relay swimmers were Javier, Evan Fannin, Jason DeGraw, and Jackson Kiland. All four swimmers earned All-State recognition.

The road to the state championship started in the fall, when some of the swimmers practiced each morning at sunrise in the Rappahannock River.

The school gathered at the Bell Tower to celebrate the team, and swimmers rang the bell.

The team is coached by Dave Cola, who also serves as the school's Director of Place-Based Education. Cola is a member of the Washington College Athletic Hall of Fame. He was the first Washington College male swimmer to win a conference championship by finishing first in the 500 freestyle. Two of his records - in the 500 Freestyle

CONTINUED ON PAGE 20

P&D BODY SHOP

DONALD PAYNE CHASTINE PAYNE

Shop: 804-472-4316 pndbodysshop@yahoo.com
 Cell: 804-761-4116 5006 Cople Hwy.
 Cell: 804-313-5568 Montross, Va. 22520

Hours: Mon. - Fri. 9am - 6pm Sat: By Appointment Only

**INSURANCE CLAIMS WELCOME
 TRUCK & AUTO ACCESSORIES
 WINDSHIELD REPLACEMENT
 HEADLIGHT REFURBISHING
 CUSTOM PAINTING AVAILABLE**



L-R: The day student contingent - Evan Fannin, Jason DeGraw

CHRISTCHURCH, CONTINUED FROM PAGE 19

and the 1650 Freestyle stood for over a decade.

"I am so proud of our swimmers," says Cola. "For them to swim nearly all personal best times without a live opponent says a lot about the camaraderie and heart found on this small team. As a team, we literally had 17 practices and zero meets prior to this competition. We focused on technique and power over yardage and breaking down, as well as leg strength and body balance. We built camaraderie ... when the competition started, the team proceeded to raise the bar, swim after swim, making history for our school and themselves. The stats say it all. It was amazing to watch and be part of!"

On Friday, March 19 at 9am Coach Cola will join Senior Associate Director of Admission John Dehm as a guest panelist at our weekly Coffee With Admission Zoom Infor-

mation Session. If you would like to speak with Coach Cola about swimming at CCS or with Mr. Dehm about Christchurch in general, register at www.christchurchschool.org/coffee-with-admission or call 804.758.2306 ext. 122.

For further details about the team including stats visit www.christchurchschool.org/athletics-and-more/swimming.



Chinese COVID Laboratory
(Photo Credit: sq.news.yahoo.com)

CHINA THREAT, CONTINUED FROM PAGE 13

\$6 trillion of U.S. intellectual property, including tech innovations coming out of Silicon Valley and Seattle, entertainment coming out of Hollywood, and medical research and development coming out of New England and elsewhere. Properly understood, this is China stealing the wealth and future wealth of the American people. It is only recently that our government began trying to combat this theft in a serious way. At the same time, the U.S. has begun a strategic military buildup—including the creation of a new branch of our armed services, the U.S. Space Force, sending a signal

that the U.S. would not cede the strategic high ground of space to China, which is already active in militarizing space.

In response, on May 13, 2019, the PRC, through the Xinhua News Agency—which is controlled by the CCP—declared a "People's War" against the U.S. This was specifically in response to U.S. tariffs on Chinese goods, which themselves were a response to restrictions of access to Chinese markets and China's failure to negotiate in good faith on the theft of intellectual property.

What was meant by this declaration of a People's War? Was the phrase essentially rhetorical or did it signal a fundamental shift or escalation in Chinese thinking?

I would not go so far as to say that the COVID-19 virus that originated in the Wuhan Institute of Virology was part of this People's War. But the virus did set into motion a radical reorientation of American society that had grave economic and political consequences.

We know with certainty that after the virus began spreading in Wuhan in the fall of 2019, the Chinese government closed down flights from Wuhan, which is in Hubei province, to the rest of China. At the same time, it allowed flights from Wuhan to continue to go to Europe and to the U.S.—where the Chinese knew with certainty that the virus would spread. And when President Trump closed the U.S. to flights from China, its foreign ministry and one of the CCP's propaganda arms, the Global Times, pushed for a reversal of this policy—again, knowing full well how contagious the virus was. Indeed, the Chinese government locked down Wuhan and released videos of men in hazmat suits welding doors shut so that people could not leave their homes.

CONTINUED ON PAGE 21

AGCO PARTS DEPOT

Now Available!

Binkley & Hurst is now offering a local parts connection and pickup point in Warsaw, VA! Don't have time to drive in to pickup parts? **April** may be able to deliver directly to your farm!

Pease Contact
April to Determine
Parts Availability.

Binkley & Hurst

binkleyhurst.com

Equipping for Growth...

APRIL BAUER

Email: april.bauer@binkleyhurst.com
 Cell: 804.761.2995
 Toll-Free: 800.414.4705

CHINA THREAT, CONTINUED FROM PAGE 20

The U.S. government and its Centers for Disease Control, which has offices in China, asked to be let into Wuhan to investigate. To this day China has denied us access. The initial gene sequencing for the virus that we received from China—evidence that led the now famous public health bureaucrat Anthony Fauci to say that China was being open and cooperative—was incorrect, a fact that made testing Americans for the virus all the more difficult. Were these decisions by the Chinese government part of the People's War?

When challenged on its dishonesty regarding the virus's origins, the CCP's Xinhua News Agency threatened that China could plunge America into a "mighty sea of coronavirus," pointing out that China controlled the supply chain for the active pharmaceutical ingredients used in the production of 90 percent of our medicines. This fact alone—the result of the loss of the U.S. manufacturing base to China and other nations, an explicit policy of our government until recently—is a scandal of immense proportions that our government is now working to correct.

Regardless of whether the COVID-19 virus was a by-product of biological weapons research or resulted from inadequate safeguards in a virology lab, it is the CCP that is to blame for its spread throughout the world, and it was criminal for the Chinese government to keep the world in the dark about the nature of the pathogen.

Nor has COVID-19 been the only line of attack in this People's War. It should come as no surprise that the PRC uses its diplomatic missions around the world as a base for industrial espionage and to conduct political and information warfare. Thus it was that on July 24 of this year, the U.S. State Department closed down the Chinese consulate in Houston, saying that it was serving as a hub for CCP operatives who were engaging in theft of America's research into, among other things, the development of a COVID-19 vaccine.

To quote a State Department official:

Consulates are also bases of operations for Fox Hunt teams. These are teams of agents sent from China here to coerce economic fugitives—meaning political rivals of President Xi, the Communist Party critics, and refugees—coercing them, that is, to return to the PRC. Consulates enabled the activities of those teams. Consulates also enabled direct lobbying of state and local officials, as well

as business people, to favor Chinese interests. And while that's to be expected by diplomats, when it takes a turn towards the coercive or the covert that becomes a national security problem.

It is also believed that Chinese operatives in the Houston consulate provided intelligence to Black Lives Matter and Antifa rioters in Houston as a way of demonstrating their solidarity. Indeed, there is growing evidence that the CCP's United Front includes these groups, and that some of the funding for BLM and Antifa is coming from CCP-sponsored or affiliated groups: Liberation Road, the Freedom Road Socialist Organization, and the Chinese Progressive Association.

In conclusion, Americans are not looking for war with Communist China, but Communist China appears to be at war with us. As a first order of business, we must continue what we have at long last begun: building a military designed to deter Chinese aggression and pursuing trade and other policies that put our own national interests first.

Equally important—especially given the violence in our cities that our foreign enemies cheer—is defending our American way of life and teaching our countrymen why America deserves our love and devotion, now and in the days ahead.



Brian T. Kennedy is president of the American Strategy Group, chairman of the Committee for the Present Danger: China, and a board member and senior fellow of the Claremont Institute, where he served as president from 2002 to 2015. He has written widely on national security affairs and public policy, including in The Wall

Street Journal, National Review, Investor's Business Daily, and RealClearPolitics. He is the author of Communist China's War Inside America.

TEA PARTY, CONTINUED FROM PAGE 1

I was never an officer or even a regular attendee of their meetings but I did go to several over the years and found them to be a very reasonable group of like minded individuals devoted to

small government, the Constitution and individual rights.

After the election of President Trump the movement began to wane as Trump

largely fulfilled their goals and many members felt that they were no longer needed. Now, after the recent scandalous election and the subsequent repressive actions of the Biden Administration, the mood of complacency has reversed. The vandalism of the Tea Party sign between Montross and Warsaw was the last straw.

I have recently spoken to Larry Hinson, who is depicted at the beginning of this article repainting the vandalized sign, and he confirmed to me that he and others are seeking to revitalize the Montross Tea Party which was a large and active organization until a few years ago.

Larry also stated that he thought that the recent attacks on Congressman Wittman were unfair and that he and others deserved an explanation of the suspicious activities that occurred during the Presidential Election. He was also concerned that people couldn't settle differences of opinion without violence and vandalism.

"I don't see why there has to be so much drama," he stated. "We would like to sit down with those that don't agree with us and try to work things out peacefully," he added.

Plans are being made to have an organizational meeting in the near future and former members are being notified. The email list is being updated and the facebook page is active.

On a sad note, Montross Tea Party founding member and former President Rodger Meredith passed away in February due to complications of COVID. I have known Rodger since the beginning of the Tea Party Movement and always held him in the utmost regard. A tribute to him, which appears on the Montross Tea Part facebook page, is printed below.

Montross Tea Party
February 20 at 4:11 PM ·

With a heavy heart and with great sadness we announce the passing of Rodger Meredith.

Rodger was a founding member of the Montross TEA Party and was our 2nd President.

Rodger was a true Patriot and leader. Some of the things we accomplished with Rodger's leadership were:

Reading the Constitution on the Montross Courthouse Steps.

Honoring our Fallen Heroes on Memorial Day.

Participating in the Local Parades.

Attending Lobby Days at the Virginia Assembly.

Finding great Speakers to inform us.

Rodger also supported the Republican Party and our Elected Officials. He and his wife Dee served their community by being Election Officers which is a Hard Long Day.

Our thoughts and prayers are with Dee and their Family. Rest in Peace Rodger.

Although Rodger will not be with us I can assure you that he would encourage your participation. I spoke with him in late January in regards to the vandalism of the sign and he felt that it was time to take back our country. Those of you interested in participating can do so by contacting the Montross Tea Party facebook page or by calling Larry Hinson at 804-450-3477.

Robert J. Smith
(804) 436-2990

Northern Neck Arborist LLC

Tree Removal • Climbing • Pruning
Recreational Climbing

NorthernNeckArborist@gmail.com

BEEF INDUSTRY, CONTINUED FROM PAGE 8

- wheat or to wash the vegetables.
3. Waste Disposal – factory farms house hundreds of thousands of animals that produce waste. They claim these giant livestock farms produce more than 130 times the amount of waste humans do. The interesting thing about this detail is that the actual sustainable policies they are enforcing to fix this problem destroy the small family farms in favor of the very giant corporate factory farms they profess to oppose. In addition, those global corporations which join the Green cabal have the ability to ignore many of the “sustainable” restrictions, unlike the small, family farms that are much better at protecting the environment on their own.
 4. Energy Consumption - For the steak to end up on your plate, say the Greens, the cow has to consume massive amounts of energy along the way as the cattle are transported thousands of miles to slaughter, market, and refrigerate. And let’s not forget, the meat must then be cooked! Well this transportation argument is a direct result of the existence of a limited few packing companies in cahoots with the Green Lords that dictate the market as they work against a more decentralized, local industry. Meanwhile, last time I checked, Tofurkey – made from soy -- also has to be cooked!
 5. Food Productivity – say the Greens, food productivity of farmland is falling behind the population and the only option, besides cutting the population, is to cut back on meat consumption and convert grazing lands to food crops. As noted in point 1, most grazing land cannot be converted. Everything dealing with the sustainable argument is based on some unseen crisis. Yet we do not have a world-wide food shortage or pending famine. In fact, the media is persistently reporting “price-depressing crop surpluses.” The only places where such shortages may exist are in totalitarian societies where government is controlling food production and supplies – kind of like the Green’s plan for sustainable beef.
 6. Global Warming – here we go! Say the Greens, global warming is driven by energy consumption and cows are energy guzzlers. But there’s more to the story. Cow flatulence! A single dairy cow, they claim, produces an average of 75 kilos of methane annually. Meanwhile, environmentalists want to return the rangelands to historic species, including buffalo. And a buffalo, grazing on the same grass on the same lands would emit about the same amount of methane. It’s a non-issue.
 7. Loss of Biodiversity – What are some of the examples the Greens give for loss of biodiversity? Poaching and black market sale of bushmeat including everything from elephants and chimpanzees to birds??? Please explain what this has to do with the American cattle industry – other than a pure hatred of anyone who eats meat of any kind. And that, of course, is the argument from the animal rights/vegan wing of the Green movement that is leading the assault on cattle.
 8. Grassland Destruction – apparently this is based on the Green premise that domesticated animals like cows

replaced bison and antelope, which, in turn, caused a loss of biodiversity of species. I’ve got two pieces of news for you. First, the Native Americans so revered by the Greens, hunted bison before the white man arrived. Take a trip to Bozeman, Montana and see the cliff where they used to run entire herds to their death, not just selectively choosing a few to eat. Second, the Greens, not the cattle ranchers, forced the reintroduction of wolves, and that has caused a near annihilation of the antelope and elk herds.

9. Soil Erosion – the Greens claim that U.S. pastureland is overgrazed, causing soil erosion. In truth, a great many of today’s cattlemen are third and fourth generation on their land. Those ranches could not have existed for over a hundred years if they were so careless in taking care of the land. It is vital to their survival to assure the land stays in good shape. Of course, an environmentalist who has never worked a ranch or farm and rarely comes out of his New York high-rise might not know that.
10. Lifestyle Disease – this is my favorite of the reasons why beef is supposedly unsustainable. In short, it’s because of stupid people! This one is blamed on “excessive” consumption of meat, combined with environmental pollution and “lack of exercise” leading to strokes, cancer, diabetes and heart attacks. So it’s the beef industries fault that people eat too much and refuse to exercise. The solution – ban meat consumption. Yet, doctors are now realizing that meat eating is not the problem, carbs are.

So, these are the ten main reasons why it’s charged that beef is unsustainable and must be ruled, regulated and frankly, eliminated. These are charges brought by anti-beef vegans who want all beef consumption stopped. In cahoots, are global Sustainablists who seek to stop the private ownership and use of land, all hiding under the blanket excuse of environmental protection.

To bring the cattle industry into line with this world view, the National Cattlemen’s Beef Association (NCBA) has accepted the imposition of the Global Roundtable for Sustainable Beef. The Roundtable is heavily influenced, if not controlled, by the World Wildlife Fund, one of the top three most powerful environmental organizations in the world and a leader in the United Nations Environmental Program (UNEP), which basically sets the rules for global environmental policy. This is the same World Wildlife Fund that issued a report saying, “Meat consumption is devastating some of the world’s most valuable and vulnerable regions, due to the vast amount of land needed to produce animal

feed.” The report went on to say that, to save the Earth, it was vital that we change human consumption habits away from meat. Again, as pointed out earlier, the fact is most land used for grazing isn’t capable of growing crops for food. Further, to have the WWF involved in any part of the beef industry

is simply suicidal.

It’s interesting to note that a report, entitled “Principles for Sustainable Beef Farming,” issued by the Sustainable Agriculture Initiative Working Group (SAI), follow the exact guidelines originally presented in the United Nations’ Agenda 21/ Sustainable Development blueprint. Agenda 21 divided these into three categories including, Social Equity, Economic Prosperity, and Ecological Integrity. Using almost identical terms, the SAI plan for Sustainable Beef uses the following headings for each section of its plan: Economic Sustainability, Social Sustainability, and Environmental Sustainability.

Regulations, using these principles, impose a political agenda that ignores the fact that smaller, independent cattle growers have proven to be the best stewards of their own land and that for decades have produced the highest grade of beef product in the world. Instead, to continue to produce they will now be required to submit to a centralized control by regulations that will never end and will always increase in costs and needless waste of manpower.

To follow the sustainable rules and be officially certified, the cattle growers must agree to have much of the use of their land reduced to provide for wildlife habitat. There are strict controls over water use and grazing areas. This forces the growers to have smaller herds, making the process more expensive and economically unviable for the industry. In addition, there is a new layer of industry and government inspectors, creating a massive bureaucratic overreach, causing yet more costs for the growers.

The Roundtable rules are now enforced through the packing companies. You see, the cattlemen actually have no direct market. Instead they first bring their product to feedlots for final preparation. The feedlots then sell the cattle to the packers. The packers are the ones who then have the direct contact with stores, restaurants and other markets that actually buy the beef. The packers are a major force in the Roundtable, working side by side with the WWF, and so dictate the rules to the feedlots to comply with sustainable certification for the cattle they will buy from the growers. If the beef they obtain isn’t grown according to the sustainable beef principles, then the packers refuse to buy it. That has quickly put smaller feedlots out of business. Consequently it also destroys the cattle growers who rely on the feedlots to take their product.

There are only four main packing companies in the United States. These are Cargill, Tysons, JBS and Marfrig.

CONTINUED ON PAGE 25



Northern Neck
Garage Door

“Affordable garage door services in your community!”

804-514-5962 northernneckdoor@gmail.com

Eddie Kruger
Owner

Serving the Entire
Northern Neck!
Call Anytime for
All Your
Garage Door
Needs

CROSSWORD PUZZLE



CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
	19				20			21	22					
			23					24						
25	26	27		28		29			30		31	32	33	34
35			36		37			38		39				
40					41				42		43			
44				45		46					47			
48					49		50			51		52		
				53		54			55		56			
57	58	59	60					61				62	63	
64						65	66			67				68
69						70				71				
72						73				74				

THEME: BASEBALL

ACROSS

- Turkey trot, e.g.
- Dadaist Jean
- * ___ crew, Milwaukee Brewers fan base
- Poppy seed derivative
- Afghan monetary unit
- Hotel room option
- Category of artistic composition
- Between northeast and east
- Relating to pond scum
- *Babe Ruth's first major league team
- * ___-and-___ sport
- Dog command
- Bald eagle's home
- Witchy woman
- Back wound?
- Siskel or Ebert
- Smoothing appliance
- Distinctive flair
- Stomata, sing.
- Burlap fiber
- Archeologist's find
- Estimated arrivals
- Discompose
- Cobbler's concern
- Merlin or Gandalf
- *B in RBI
- Close by
- Spade for stony ground
- Karl of politics
- Between ready and go
- *Left, center or right one
- *Yankees' only #4
- Blast from the past
- Crew tool
- Helped
- ___ one's time, past tense
- Schiller's poem
- Express contempt
- What Simon does
- Cut grass
- Intoxicating

DOWN

- *Eat a hot one at the game
- Copycat
- *Number of standard baseball positions
- Miss Muffet's meal
- Vomiting
- Highest point
- *Scoring unit
- Annapolis frosh
- Tulip's early stage
- Capital of Latvia
- Et alibi (2 words)
- Water source
- Bacchus' attendants
- Weasel's aquatic cousin
- *Baseball trajectory
- Diver's edible reward
- Muslim woman's headscarf
- Caribbean island destination
- Gained access to (2 words)
- Hoppy beers
- Individual unit
- Bottom line
- Idealized image
- *Katie ___ or " ___ at the Bat"
- Empty when kids leave
- World's longest river
- Cut it out
- Moved a flock of sheep
- Certain John's or Jane's last name
- Re-use old ideas
- Car sound, to a toddler
- Trinity
- Small door-opening devices
- One of the hipbones, pl.
- Whirlpool
- "Big Little ___"
- What Jack's beanstalk did
- It comes to mind
- Turned to the right, like a horse
- Commotion or fuss
- Wine quality

SOLUTIONS
PAGE 38

BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet!
ADD TO YOUR PACKAGE FOR ONLY **\$19.99**/mo. where available

2-YEAR TV PRICE GUARANTEE

\$64.99 MO. for 12 Mos.

America's Top 120 Package
190 CHANNELS Including Local Channels!

CALL TODAY - For \$100 Gift Card Promo Code: DISH100

1-888-416-7103 Offer ends 7/14/21.

All offers require credit qualification, 24-month commitment with early termination fee and eAutoPay. Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/Sling or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification.

SUDOKU

American Standard 150 YEARS OF EXCELLENCE

NEW Shower Division

ENJOYING A NEW SHOWER IS EASIER THAN YOU THINK

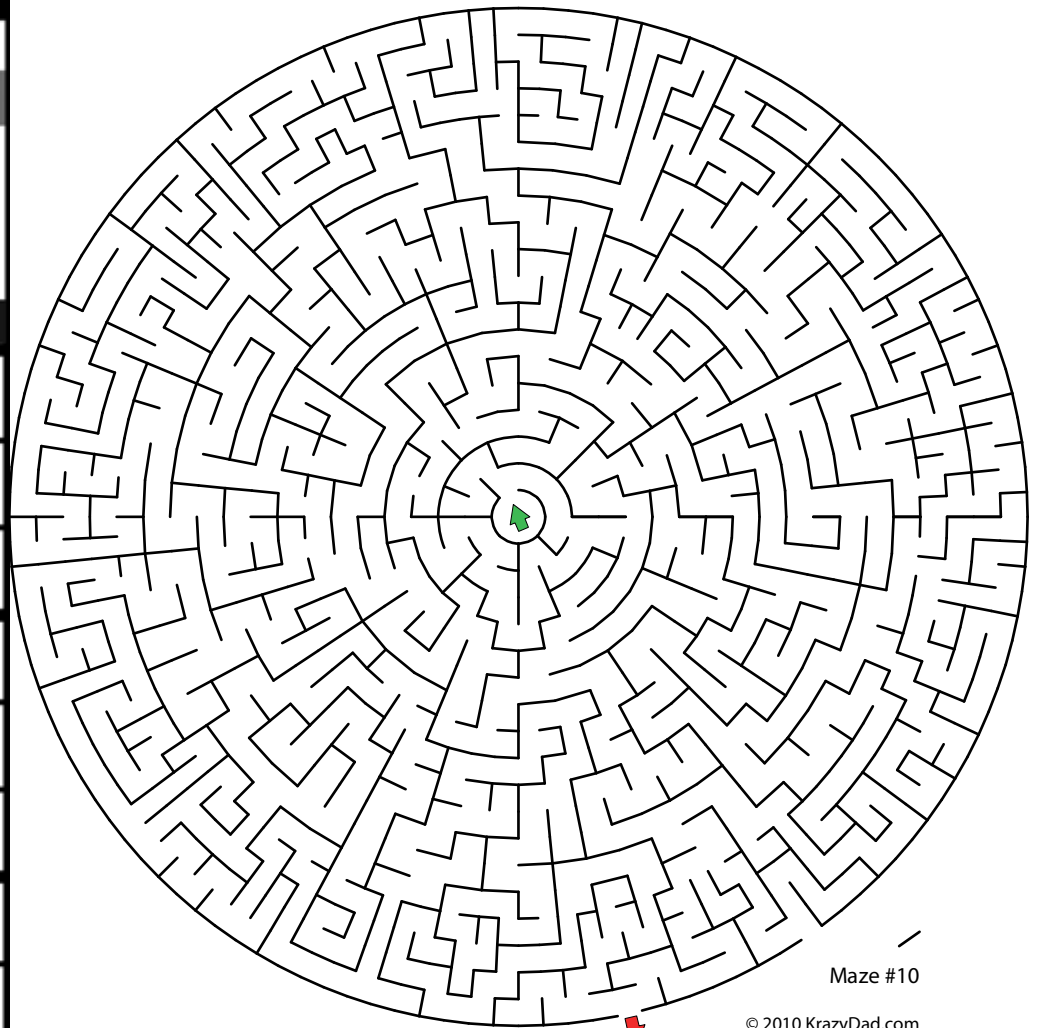
SAVE \$1000⁰⁰
EXCLUSIONS APPLY

FREE IN-HOME DESIGN CONSULTATION CALL TODAY

*Offer valid only while supplies last. Limit one per household. Must be first time purchase. Minimum spend amount applies. Financing subject to third party credit approval. Some financing options cannot be combined with other offers and may require minimum monthly payments. All offers subject to change without notice. See AmericanStandardShowers.com for other restrictions and financing details. © 2020 American Standard Showers, Inc. All rights reserved. Worcester, MA. Patuxent, VA. Rockland, NY.

newshowerdeal.com/state | 877-514-4075

		3					4	
			6					
		9		2				7
6				8	5	2		
	3		9	7	1		8	
			8		3	6		9
	4			9	2			3
		1						



Maze #10

© 2010 KrazyDad.com

KRAZYDAD.COM/PUZZLES

Need the answer? <http://krazydad.com/mazes/answers>

Intermediate Mazes by KrazyDad, Book 2

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

THOMAS STORE
Est. 1970 LLC

Family Owned and Operated

Old-Fashioned Candy

Non-Ethanol Gas

Fresh Local Honey (When Available)

Fresh Sandwiches

Holiday Candy

Soft-Serve Ice Cream

8249 Historyland Hwy.
Warsaw, VA 22572

804-394-3184

ThomasStoreLLC1970@yahoo.com

Maze #7

© 2010 KrazyDad.com

Easy Mazes by KrazyDad, Book 2

KRAZYDAD.COM/PUZZLES

Need the answer? <http://krazydad.com/mazes/answers>

SOLUTIONS PAGE 38

BEEF INDUSTRY, CONTINUED FROM PAGE 22

These packers have already successfully taken control of the hog and poultry industries. Tysons is now raising its chickens in China to ship here. JBS and Marfrig are both from Brazil. It's interesting to note that one of their first tactics was to remove the "Country of Origin" labeling from packaging so that consumers have no idea where their product is coming from. So as the packers force their expensive, unnecessary, and unworkable sustainable certification on American cattlemen, they are systematically bringing in cheaper product from other countries that don't necessarily adhere to strict, sanitary, safe production American producers are known for. As a result there is a noticeable rise in news reports of recalls of diseased chicken and beef in American grocery stores.

Some cattle growers have tried to fight back by creating new packing companies to compete and provide an honest market. However the costs to do so are huge, as high as \$50 million. One such company called Northern Beef Packers was formed, using all the latest state of the art, high grade processing. The four established packers reacted by drastically reducing their prices to the grocers, thereby destroying any hope of establishing a market for the new packing company. Where are the enforcers of anti-trust laws?

This then is the situation that is threatening the American beef industry. If one reads the documents and statements from the World Wildlife Fund, the United Nations Environment Program, and others involved, it is not hard to realize that the true goal is not to produce a better grade of beef, but to ban it altogether. The question must then be asked, why is the National Cattlemen's Beef Association allowing this to happen, and indeed, is joining with the Sustainable Beef Roundtable to force these policies on their members?

The answer is actually quite tragic. American ranchers, farmers and livestock growers have been targets of the environmental and animal rights movements for years. They are beaten down. Like the rest of us they just want to be left alone to work their farms and herds like their forefathers have done for more than a century. But the pressure is growing day by day. So, they have come to believe that if they just go along – put the sustainable label on their product -- then this pressure will stop. In short, they see it as a pressure valve.

The reality is it's not going to go away because the goal is not environmental protection, rather the destruction of their industry and control through what the UN calls the reorganization of human society. The attack has now grown to major proportions with the Green New Deal. Beef eaters have no place in the sustainable paradise of city apartment dwellers who accept government controls to choose for them what they are permitted to eat.

There are efforts to fight back. A group of cattlemen has organized under the banner of R-CALF (Ranchers-Cattlemen Action Legal Fund) and they have managed to slow the Sustainable capture of the industry. But the packers' control of the industry is a major roadblock if the cattlemen can't reach their market. R-CALF has filed Abuse of Conduct suits to shed light on the anti-trust activities of the monopoly

tactics of the packers.

However, the beef industry cannot recover on its own. There must be outrage from the consumers who are facing higher prices, possible inferior meat, and the danger of disease because of this sustainable tyranny. If you want the right to your own food choices instead of the dictatorship of radical Greens, then get mad. Demand that "Country of Origin" labels be put on all beef products so you know where your food comes from. Demand that the Department of Agriculture rejects this sustainable myth and protects the American free market that has always provided superior products.

So-called sustainable policy is not a free market. It is a government-sanctioned monopoly that is just short of a criminal enterprise. Stand with American farmers and cattlemen. If Americans don't fight back now we will lose freedom to our own dinner plates in the name of sustainable lies.

Tom DeWeese is president of the American Policy Center, www.americanpolicy.org. He is author of the best selling book "Sustainable, the WAR on Free Enterprise, Private Property and Individuals."

NOWHERE MEN, CONTINUED FROM PAGE 10

politicians. I have heard it said that the only standards Democrats have are double standards. I would add that that also applies to Republicans. But, in the recent impeachment case against Donald Trump, the Democrats played a hand that left no doubt that they were motivated more by double standards than they were in gathering together and understanding all the facts behind the issue. Watching these antics I wondered what kind of lawyers these nowhere men and women really are. I wouldn't want one representing me.

Trump is gone. For the moment, perhaps forever, his reputation is shot. Many people, including me, liked his policies but shied away from his character. At times, I felt his character (for whatever it was) was like a breath of fresh air compared to all the scripted nobodies in Washington—empty suits with puffed out chests, pompadour hair, or self-righteous moralizing women wearing a self-satisfied smirk. All these people are so predictable, and so easily forgettable. They talk endlessly, but say nothing even remotely memorable.

Trump was acquitted in a sham trial presided over by one of the jurors—this alone made it unconstitutional. The Constitution says the Chief Justice "shall preside" over the impeachment trial of a president. Imagine going into a trial where a juror is also the judge, as there is no independent judge to rule on any point of law or admissibility of evidence, and no cross examination of a witness is allowed.

Impeachment of a federal official has two goals: to remove the official from office and bar that person from ever holding an office of trust or profit under the United States—meaning federal office. The two go together, like a horse and carriage.

The Trump impeachment charade is dire news. It speaks

of the failure of politics to rein in the lust for immediate power and personal destruction. Because politics failed so spectacularly, expect more of the same in the future, as the nation, led by nowhere men of no character, reason, or judgement, and abetted by a corrupt and partisan news media, continues to tear itself apart.

For this, since 1776, Americans have fought and died?

WHY, CONTINUED FROM PAGE 9

Trump's work was done for America - for each of us – and was done without pay and under constant attack from the operatives of the Coup. Among the many, he brought manufacturing back to America, for OUR workers. Remember, Virginia's own furniture and textile industries – Broyhill, Bassett, Stanley, and Fieldcrest –had been destroyed by previous trade agreements where our jobs were sent offshore. The nation's factories suffered and union workers lost jobs by the hundreds of thousands. Donald Trump reversed this trend, while correcting the imbalance in trade with other nations.

Thousands of job-destroying regulations were rolled back, and more people went to work. We began selling more of our goods abroad. Remember when we were told that 3% GDP was no longer attainable? Trump reached and surpassed that from almost the beginning of his administration. US factory production and consumer sentiment were at record highs, while jobless claims plummeted to only 240,000 nationwide – the lowest in 43 years. As pointed out last month, African-American unemployment was at an ALL TIME LOW.

Our household net-worth soared as jobs brought income and debt repayment to American families. In international actions, we saw the "art of the Deal" in action. President Trump moved the US Embassy to Jerusalem, an action promised by three previous Presidents but never accomplished. He made peace in the Middle East a reality, using his transactional approach in place of meaningless diplomacy fluff. See Michael Goodwin's assessment below. <https://nypost.com/2020/12/29/middle-east-peace-deals-weretrumps-mission-possible-goodwin>.

Trump had US citizens, who were being held captive by hostile foreign governments, released and returned home. He brought home the bodies of our soldiers who died in foreign wars (eg., Korea) which had been kept for decades in other countries, thus allowing their families to have long-needed closure. Donald Trump reduced the flood of illegal immigrants, which had been organized by the Coup to overwhelm the American system of welfare, and to tip the balance of the vote. Along with this, he introduced Kate's Law, which included harsher penalties for previously deported criminals.

America became energy independent and was, thus, strengthened against foreign interests who had held us hostage to our energy needs for decades.

Some foreign aid was cut and the American dollars earned here were put to work for US, instead of being sent

FABULOUS FOUR-LEGGED FRIENDS



MONTE



NYX



THEIA



ISABELLA



SONNY

All of these pets were rescued and are living happily ever after in their forever homes.



Leave that Antifreeze Alone

TRAINING BEYOND THE BASICS

By: Kristy Fike

Many dog owners teach their dogs the classic basic commands that consist of sit, stay, come, lay down, heel, and quiet. Have you considered taking your dog's training further? Why not teach your dog commands beyond the basics?

A useful command to take your dog beyond the basics or to add to your basic commands is LEAVE IT. This command tells your dog to completely disengage from an object or animal. This command can pay big dividends

taught my dog to SWITCH, I had my dog leashed and heeling on my left side (where they normally heel). I then took the leash and guided them to my right side while commanding SWITCH. After praising my dog, I commanded my dog to heel and took a few strides forward. I then repeated these steps guiding my dog from side to side and making them heel on either side. I then progressed to using my hand as a guide in place of the leash, and now use just the verbal command switch.

Every dog is different. Therefore, some owners may need to break this down further for their dogs. For example, instead of having your dog switch to your opposite side and heel, you may need to work on having your dog switch sides back and forth and then proceed with adding the HEEL command after they learn to switch sides.

I believe the sky is the limit when it comes to teaching your dog something new. Yes, some dogs are easier to work with than others, but you are not limited to basic commands. Teaching your dog beyond the basics will only further your bond with your dog. It also allows owners to prevent or avoid dangerous situations. Spend time this Spring as a family teaching your dog new commands. Always keep in mind that this will take time and will not happen overnight. Have fun!

Next month, I will discuss a command called PLACE and tell readers how valuable it is.



Teaching the SWITCH command

in a variety of dangerous situations.


While out walking your dog off-leash, if another dog approaches that appears to be aggressive you can command LEAVE IT to avoid conflict. This command can be a lifesaver if your dog is chasing another dog or animal towards the road. This command could keep your dog from getting hit by a vehicle. This command allows you to stop your dog before they get into antifreeze and other chemicals that might be lurking in your garage.

The LEAVE IT command can be used in your home too. In our home, I cannot tell you how many times food has fallen on the floor that is not good for dogs. Thankfully, I have been able to use this command to stop my dogs from getting to that food before I do.

If you have a young pup in your home or a dog that likes to chew, teaching them LEAVE IT will save them from getting shocked by electrical cords and save you money from having to replace them.

While many dog owners often teach their dog to heel on one side of them, teaching a dog to heel on either side of you is more useful than one might think. When walking down the aisle in a store with your dog, you can command your dog to heel on the opposite side of you to put added space between your dog and another dog on that same aisle. If you are walking multiple dogs, sometimes it can be easier to control dogs on either side of you rather than having a line of dogs all on one side. If in a parking lot or along a road, you can have your dog heel on the side of you that is less exposed to moving vehicles.

You can teach your dog to change sides with a command of your choice, hand gesture, or both. I use the command SWITCH and my dogs will heel on the opposite side of me. I got this idea from Marty Roberts of Sporting Life Kennel's in Mississippi. When I



**4 Leggers Daycare, Boarding,
and Grooming, LLC**

Travis Evans and Pam Howard

3413 Irvington Road
Irvington VA, 22480

(804) 577-4280
Fax 577-4297
4leggersdbg@gmail.com
Follow us on Facebook

WHY, CONTINUED FROM PAGE 26

overseas. America and Americans come first to Donald Trump. NATO members began paying their fair share for the first time ever. Our energy grid was ordered toughened to EMP and similar attacks and China was kept at bay from our internet.

He improved the treatment of our veterans with several actions, firing those who had been abusing them and the system, and expanding and improving their health care and benefits. Read for yourself:

<https://www.msn.com/en-us/news/politics/enough-is-enoughtrump-gave-veterans-real-and-permanent-choice/ar-BB18qSsw>

This summary captures a few of the high points. For those wanting to read more detail on what Donald Trump did for America, I refer you to www.whitehouse.gov/trump-administration-accomplishments/ From here, I am going to take a look at what has happened since Jan. 20.

During the Trump administration, Biden remarked that certain things were “Things you can’t do except by executive order unless you’re a dictator. We’re a democracy. We need consensus. “In the first 9 days of occupying the White House Biden has hardly sought consensus, (or promoted “unity” ... LOL) but rather he has signed over 50 Executive Orders, the majority of which have been to dismantle what Donald Trump accomplished – FOR US.

A lot of America is asking, “**WHY??**” Let’s look at a few of the head-scratchers:

WHY the haste to cancel the pipeline, costing millions of jobs and American energy independence. The economies of many states were gearing up for years of pipeline workers in their areas. Restaurants and hotels were opening, the real estate market picked up, and people were fully employed. All Americans were enjoying decreasing gas prices. Was it because most of these states are “red states” needing punishment, in the sick psyche of the Left, for supporting Trump? Certainly it was not for safety’s sake. Transporting oil by the ground, via Warren Buffett’s railroads, has already proven deadly with the huge accident on a Texas roadway last week. Was it done so Buffett could make more money? Knowledgeable people think, quite possibly. Shouldn’t Americans have been allowed to weigh in on this monumental a change in their lives?

WHY did Biden go out of his way to *set aside Trump’s EO 13920* forbidding the use of power grid equipment made in China, Russia, or other hostile nations – for 90 days? This is a real mystery. Buried deeply in an EO about climate change, Biden suspended this restriction. The details are spelled out in <https://www.washingtonexaminer.com/opinion/bidens-ordercould->

As the cybersecurity expert, Joseph Weiss reminds us above, , “China was caught trying to hack in to the US power grid as far back as 2001, and the Russians have been in our grids since 2014.” The Examiner piece also quotes the director for infrastructure security at the Center for Security Policy, and director of an expert coalition, “Secure the Grid”, saying that

they are concerned about several aspects of this, beyond remote computer control possibilities. “We are also worried about sensors and actuators and drives that are installed even if they are not internet connected,” for the transmission of incorrect

readings could sabotage the entire system. “It has long been thought that a major power grid collapse might be the single most deadly event in U.S. History,” says the article’s author. “It thus made perfect sense for Trump to issue the directive against hostile foreign interference . . . contrarily it boggles the mind to see Biden suspend Trump’s directive,” even under the excuse that the policy is being reviewed” in the 90-day time frame.

WHY would equipment from any other nation be suddenly permitted, and for a select period of time?? As China’s CCP has been quite open about assisting in the November 2020 election, has Biden decided to grant them a request without thought as to the ramifications?? Could there be some nefarious plan afoot? It is random, unexplained acts of this sort that breed “conspiracy Theories”, which no one wants to get into. Congress on both sides of the aisle should be raising big noise about this, and demand that Biden’s 90-day opening be suspended immediately So why no explanation? The American people would REALLY like to know.

WHY is it wise to rush to open the borders and invite hordes of immigrants in to the country when American citizens are still being controlled and locked down because of Covid? Wouldn’t these migrants be real “superspreaders” rather than a wedding, party or a family gathering, if, indeed we are still worried about a “killer” disease? Fauci and his band of mind control experts cannot tell America one thing about Covid, while opening the boarder to all comers and ignoring all consequences. Possibly and quite probably, there ARE no “consequences” as severe as the ones the medical tyrants are telling us about. Covid has long been thought to be more of a control device than a deadly disease. Or, if you want to believe in Killer Covid, why does the Biden gang simply disregard the safety of Americans? Remember, we are told that the vaccine will not prevent the disease or its spread. Are they in a rush to get more voters and overwhelm the welfare system, ala Cloward and Piven? One of these has to be the answer. We know very well that NO Covid testing is occurring as illegals run, swim and are driven into our country, all the while American citizens are having their movements curtailed without testing. Families cannot be with loved ones in senior care facilities or hospitals, and the White House press corps is being charged \$170 for a Covid test each time they enter the White House! Something stinks badly.

WHY, too, the rush to let criminals – murderers, drug dealers, child rapists and more - out of our jails? At the same time, Trump supporters are being hunted down by the FBI for having merely been seen in DC on Jan. 6 – when the now proven Antifa led incursion into the Capitol occurred! Come on, man, as old Joe would say. None of this makes any sense. Only deep in deranged liberal minds are conservatives in

any way violent. Never have been, and that is a fact, which, naturally some “way-goners” try to deny. On the other hand, the crimes of those being set free from our prisons have been adjudicated and recorded. Proven murderers, rapists, “hate criminals”, etc. are going free to roam the streets, with NO evidence that their behaviors have been in any way changed. At the same time, law enforcement – one of the load-bearing walls of our society – is under constant attack and many are just stepping away.

Where is it proven that this is a way to buttress our civilization against lawlessness – to put criminals back on the streets while reducing police presence??

Why are 25,000+ troops in DC, creating the somber appearance of a junta instead of a newly installed **administration**? Could it possibly that this really IS an illegal government, protecting itself against righteous opposition? The excuse of protection against Trump supporters is as ridiculous on the surface as it is all the way to the bottom. What’s more, everyone knows it. The emperor, me thinks, has no clothes and doesn’t want the people see it. The excuse of fearing the people merely tells us that the inmates behind the razor wire know that we ARE a free country, which they have severely violated.

Remember, Thomas Jefferson said, when government fears the people there is freedom; when people fear the government there is tyranny. According to this wise framer of our Republic, we have freedom, and that is apparently not sitting well with those inside the barricades.

WHY do we need to “normalize relations” with countries that are our proven enemies, such as Iran? And why so fast?? Does this administration have a hidden agenda here as well? Donald Trump has been nominated FOUR times for the Nobel Peace Prize, because of his work in the Middle East which brought former enemies to the table and to peace treaties with one another. He was the first American President in the last 30 years to have not started a war, as pointed out by the Estonian Jaak Madison who nominated him. Why would anyone want to turn that around, or even try? The answer to that is probably so multi-faceted as to remain hidden for years.

Last, but certainly not least, is **WHY the defense** of the proven voter fraud?. Why not just allow the recount and be confident that the totals will not change? Honest elections are all that any American asks, and are the sine qua non of our existence as a free country. The Left may think that the seating of a President considered illegal by a majority of the country, means that they have “won” but the truth is far from it. By allowing this fraud to continue, EVERY CITIZEN HAS LOST HIS FREEDOM, not just those united in their Trump Derangement Syndrome, for the next time anyone disagrees with the direction being taken in Washington, they will be unable to change it. No one’s vote will count, and that is a loss for all. I must remind you that NO court has found that the fraud did not exist; they have simply chosen not to consider it. THAT is a monumental difference, and possibly has more far-reaching implications than just bad judges in the wrong places at the wrong times. This “sound

Community



Rev. Al Hooker, SAR vice-president of the James Monroe Chapter (JMC), presents the Fire Safety Commendation Medal and Certificate to David Thomas of the Richmond County Volunteer Fire Dept. with JMC SAR President Charles Belfield

DAVID THOMAS AWARDED FIRE SAFETY COMMENDATION MEDAL

David Thomas of the Richmond County Volunteer Fire Dept. (RCVFD) has received the Fire Safety Commendation Medal by the James Monroe Chapter of the Sons of the American Revolution. This award was presented to Thomas for his dedication to training and continuing education in firefighting, emergency driving and response, hazardous materials handling and his unselfish attitude of service. He has served the community and demonstrated commitment to safety, responding to over 600 calls during his 18 years on the fire dept. RCVFD Chief Randy Passagaluppi commented about Thomas, "David is highly regarded by

the men that serve under him. He has earned the respect of the other firefighters for his genuine care for the safety of every member of the department." Currently, Thomas serves as Assistant Chief for the RCVFD.

The James Monroe Chapter of the SAR recognizes individuals who serve our community and demonstrate good citizenship. The

James Monroe Chapter is the local organization of the National Society of the Sons of the American Revolution; a non-profit, non-partisan organization dedicated to promoting patriotism, preserving American history and teaching American history to future generations.

Editor's note: In late August I was badly injured requiring a hip transplant. David Thomas was the first to arrive and helped to save me.



GARFIELD'S RESCUE NEEDS YOUR HELP

By: Kathy Haurand, GRI Corresponding Secretary

Garfield's needs your help in getting the word out about our Spring Fundraiser Event. Incorporated March 2020, we rescued 321 cats/kittens on the Northern Neck last year. Of those felines, 208 of them were adopted into their furrever homes. So far in 2021, we have rescued 34 additional cats and 77 have gone to loving homes. We currently have 65 of our rescues in foster homes.

It takes a lot of money to be able to care for these animals. On average GRI spends \$2,146 per month on cat food and supplies and over \$4,200 per month on vet bills. We get no local, state or federal funding. All of our funds are received from our gracious donors, grants and our all important fundraisers.

We appreciate any assistance you can provide in helping us to continue "Making a Difference on the Northern Neck, One Cat at a Time".

HAVE YOU LOST YOUR GOAT?

A goat was found running loose in Haynesville in February. He is currently being taken care of by Beulah Garner on her farm in Emmerton. If you think this is your goat call Beulah at 804-761-8045.

MONUMENTS, CONTINUED FROM PAGE 15

dying day? Why is dear Willie in his uncoffined grave? Why is poor Frank to go through life with one arm? Is it wholly and forever in vain?

These women represent all the women who lived through that awful war and these women and their daughters are

CONTINUED ON PAGE 33


**New Life
Community Church**
 Experiencing the New Life
 Adventure through CHRIST JESUS
Sunday Service 10:00 a.m.
Wed. Bible Study 7:00 p.m.
Pastor C. Richard Lynn
**646 Jesse DuPont Memorial
Hwy (Rt. 200)
Burgess, VA
(804) 436-6498
n2jc_us@yahoo.com**



We URGENTLY NEED
What You Don't Want

We are planning our 2nd on-line fundraiser auction in the Spring. Please contact us to make arrangements for dropping off/picking up your gently used merchandise. (no clothing please)

804-480-2066

garfieldsrescue@gmail.com



Donate Items

WE NEED YOUR
TREASURES!





Meow, Meow
please
donate now!

WHY, CONTINUED FROM PAGE 27 and fury” makes me think that someone “protesteth too much” and definitely signifies SOMETHING. It is the right of every American to know the truth. So now we can see that the question, **Why** is purely rhetorical, because we know the answer without asking. Trump, like him or hate him, did a lot of good things for America. Unless this all is some sort of bizarre punishment for the majority of America who does not support him, there can be no other explanation: while Trump loves America, Biden does not. Until I hear any other explanation for all of this, this is the only answer that can exist.

RADICALLY ALTERED, CONTINUED FROM PAGE 9 same and any differences in the way they choose to live must result from brainwashing. Or, male and female gender isn't natural but constructed and freely chosen. As Harvard professor Michael Levin once dryly suggested, “Any parent who has raised both boys and girls and still thinks they are born the same, has already withstood more evidence to the contrary than any laboratory could possibly provide.”

The first mistake, however, is to identify feminism with women, most of whom have never supported the theory. “Feminist theory,” as the insightful British critic put it, “is passionate and Salvationist in a way similar to Marxism, to new religious movements, and occult enthusiasms. Academically, it is mostly unsophisticated. A little light generalizing work is followed by polysyllabic decoration and some

spray-on indignation.

The Abortion, Euthanasia Movement

The second radicalism is the radical abortion and euthanasia movement, which attempts to end our age-old principle of the sanctity of life, thus to overthrow the order of love in society.

Euthanasia is an extension of the abortion movement, which is better thought of as pediatric euthanasia. The right to choose to kill someone inside you, a living child, easily mutates into adult euthanasia – the right to kill someone who asserts the right to be killed. Euthanasia was made a legal right in Canada in 2015 and is now practiced by physicians licensed to kill other citizens.

Only too late will we discover the ultimate form of equality in the socialist state is the right to direct this ethic of killing to the elimination of all lives considered not worth living.

Radical Pansexualism

The third radicalism is the radical pansexualism movement, of which the homosexual, pornography, polygamy, pro-incest, and now the transgender movements are connected parts. This radicalism seeks to overthrow the sexual order, of Western society, which is based on four prohibitions as to the number, gender, age, and blood relation of legal sexual partners. These prohibitions were in line with the time honored belief marriage must be restricted to one partner at a time and partners must be of opposite gender, cannot be beneath a specified age, and may not be close-blood relatives.

This is bolstered by the radical notion love is a sufficient warrant for any human behavior because we are all naturally good, and so all consenting sex, with whomsoever and however, as long as there is no harm done to consenting individuals, must also be good, with no concern for harm to the ideals of the larger society. It's a belief dispensing completely with our 2,000 year long tradition of attempting to teach the difference between good love and bad love: such as narcissism/self-love, incest-love, sexual-love of little children, love of uncommitted sex, love of polygamy, love of adultery,

and many more forms of illicit love, since normalized. Educational Radicalism

The fourth radicalism is educational radicalism, and here we have a continuous attempt, as the Swedes put it, when radical elitists in Sweden in the 1960s decided to force a switch from the Four F's to the Four G's; “To divest the parents of their authority over their own children.” Now educational radicals everywhere in the West, who see themselves as change agents, seek to overthrow the order of private family authority.

The connection is from Plato to Rousseau, to the likes of John Dewey, to teacher-training institutions like the Ontario Institute for Studies in Education in Toronto and Columbia University in New York. The strategy is to persuade the public teachers are trustees of the nation's children, not for the family but for the state. It was Canada's Laurier LaPierre who in 1978, intoxicated with the vision of top-down, redistributive state, declared, “The child is not a family child. It is not the school that is an extension of the home, but the home that is an extension of the school.”

Soon after, former Calgary Board of Education chairman, and education professor, Alex Proudfoot was blunter. He told a meeting of astonished parents: “The child is not your child. Canadian children are the property of the state, like our oil, our gas, and our pipelines. It's the law.”

Legal Radicalism

And finally, we have legal radicalism, the most powerful of all, emanating from law schools, law reform commissions, and tribunals and charters of every description, all of which are intent upon circumventing the democratic process.

It is the legal fraternity rapidly becoming the most powerful wing of the political class, and the reason is they have figured out how to use legal rather than political means to overthrow what they believe is the dim-witted democratic order of a free society.

The chief instrument used in this subtle exercise in Canada is its 1989 Charter of Rights and Freedoms. Formerly sovereign and free legislatures are now subordinate to legal dictates based on the charter with respect to most beliefs in life that really matter. The charter specifically promotes and entrenches the notion of substantive equality, making people equal in real life, rather than the original formal equality ensuring equal opportunity under law for all, and so radical egalitarian judgments and social programs get smuggled in under this mutated definition of equality by unelected judges whom no power in the land can remove.

This is a process bypassing our formerly free legislative sovereignty. Canada and many other democracies now identify whole classes according to linguistic, gender, religious, ethnic, or other differences, in a blatant form of legal discrimination.

If you want more of this kind of equality, you need more government, and if you want total equality, you need total government.

I encourage you to continue reading the Northern Neck Sentinel to become a better informed American! History is not just the past; it is also the present.

Benlak's Sleepy Hollow Salon

EXCLUSIVE, BUT NOT EXPENSIVE

804-761-8045 • 804-394-4543
7957 HISTORYLAND HIGHWAY
WARSAW, VA 22572

VETERANS AFFAIRS



By: John Haynes Sr. (USMC Ret.)

DISABILITY BENEFIT PROGRAMS

In the February column, we reviewed proving a combat stressor in cases where the Veteran is engaged in combat. For this month's column, we will complete our review of the requirements for proving a combat stressor in cases in which the Veteran engaged in combat, along with several tips for advocates under these circumstances.

[Proving A Combat Stressor In Cases In Which The Veteran Engaged In Combat \(Con't\)](#)

The VA will accept copies of newspapers such as Regimental or Divisional Newsletters which detail specific combat actions and which name the Veteran's unit as a participant. Each military service (and often individual divisions) maintains a historical office with a photo archive and some new organizations also maintain extensive photo libraries. Photographs which show the Veteran's comrades who were killed in action are graphic proof of exposure to a stressful combat environment.

The National Archives web site at <http://www.archives.gov/veterans/> contains information on how to locate military service records, official military personnel files, and health and medical records. The location of a Veteran's records will depend on the Veteran's branch of service and the dates within which the Veteran served. Advocates and Veterans should also check the sources listed in the VA Adjudication Procedures Manual (M21-1, Part III, Subpart iii, 2 "Developing for service records." This manual includes contact information for many records centers, and describes the type of records which they hold, and has other helpful information. Veterans and their Advocates

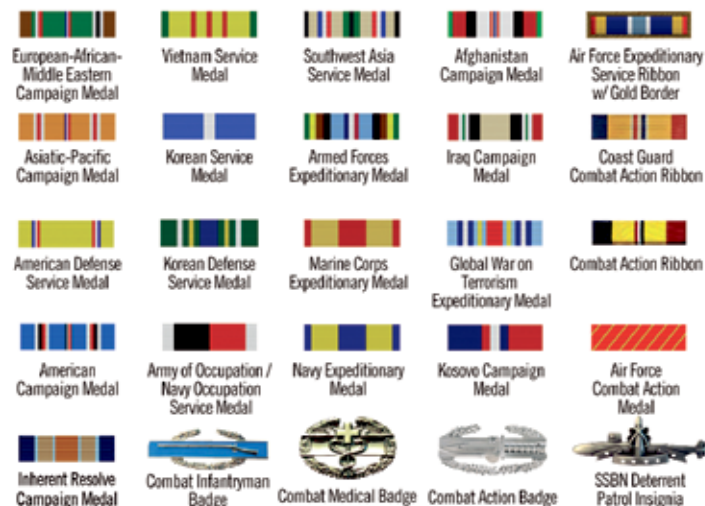
can also research Manual21-1 for free online by following the "Compensation" side-bar link at <http://www.knowva.ebenefits.va.gov/>

Once the evidence is developed by the VA and the Advocate and claimant as best they can, the VA must determine whether the Veteran engaged in combat. 3.3.3.1 in

the Veterans Benefits Manual, What Evidence Is Required To Establish an In-Service Precipitating Disease, Injury or Event describes what activities qualify as combat. In its decision on PTS claims, the VA is required to make a specific finding as to whether a Veteran engaged in combat

CONTINUED ON PAGE 31

IF YOU'VE EARNED THESE



THEN YOU BELONG HERE

NEW POST FORMING SOON

FOR MORE INFORMATION ABOUT THE VETERANS OF FOREIGN WARS

PLEASE CONTACT: Alex McKenna

AT: KingGeorgeVFW@gmail.com

Facebook @KingGeorgeVFW



VETERANS OF FOREIGN WARS.

DISABILITY PROGRAMS

CONTINUED FROM PAGE 30

and whether the claimed stressor related to combat. If a Veteran testifies that he or she engaged in combat action which is not confirmed by his or her MOS (Military Occupational Specialty) or military record, the VA must then make a finding as to the credibility of the Veteran's statement as to his or her duties and provide reasons for its finding as to whether or not the Veteran did in fact engage in combat.

In Moran vs Principi, the U.S. Court of Appeals for Veterans Claims ruled that the Board of Veterans' Appeals erred when it concluded that the Veteran did not have combat service based on his MOS of being a cook, the lack of a combat related metal or award in his service records, and the failure of the US Armed Services Center For Research of Unit Records (now the JSRRC) to verify the alleged stressors of exposure to mortar and sniper fire. The Court ordered the Board to reconsider its conclusion because the Board had "completely failed to discuss the Veteran's assertions that he had been engaged in combat." The Court also stated that there is "no statutory or regulatory basis" for "requiring corroboration of the appellant's statement as to his combat service. The VA and Board must also consider the application of the benefit-of-the-doubt rule in determining whether the Veteran engaged in combat.

Once a Veteran seeking service connection for PTS establishes that he or she engaged in combat with the enemy, the VA must accept evidence, such as statements from the Veteran, or buddy statements, as proof that the alleged stressor happened during combat even in the absence of official records or supporting clinical evidence, as long as the rebuttal standard in Title 38 of the U.S.C.S. 1154(b) and Title 38 C.F.R. 3.304(f)(2) is not satisfied. Remember that a different rule in Title 38 C.F.R. 3.304(f)(1) applies when PTS is diagnosed during service. Also, the VA has recently

published an easier set of rules when a VA psychiatrist or psychologist diagnoses PTS and the claimed stressor relates to "fear of hostile military or terrorist activity."

Although the Advocate should always attempt to submit supporting evidence on both the issue of whether the Veteran engaged in combat and the issue of whether the Veteran was exposed to the claimed combat stressor in service, in some cases it is not possible to submit supporting evidence regarding the claimed combat stressor. If the Veteran can show that he or she engaged in combat, advocates should cite Title 38 U.S.C.S. 1154 and ask the VA to accept the fact of the stressor based on the Veteran's sworn testimony, noting all the positive evidence in favor of the claim. If possible, the Advocate should note that although there is no official record of the stressor, there is no contradictory evidence of record and cite the doctrine of the benefit of the doubt. If the claim is wrongly denied, based upon the incorrect notion that corroborative evidence of a combat stressor is required, ask the VA to cite the statute or regulation that requires the VA to insist on an official record of the stressor before granting service connection for PTS and address this issue in any substantive appeal to the Board of Veterans' Appeals.

In conclusion, the information in this month's column has been obtained from my personal experiences as a Veterans Service Officer who has submitted thousands of cases to the VA over a twenty-five year period, and Title 38 of the United States Code, as well as from the Veterans Benefits Manual, which is published by Lexis Nexis, telephone number (800) 533-1637. In our April column, we will examine proving a stressor related to fear of hostile military or terrorist activity and proving a stressor in other cases. See you next month! I wish all of our NNS readers and their families a safe and healthy month of March! Feel free to contact me by e-mail at (Majorhaynes.nnsentinel@gmail.com)



MISSION TRANSITION 101
Online Lessons for Military Troops
Transitioning from Military Life
 Operation: Homecoming • Operation: How to Heal
 Operation: An Enemy Called Average
MissionTransition101@gmail.com
MissionTransition101.weebly.com

INSURRECTION, CONTINUED FROM PAGE 29

time of the shooting, there were over a half-dozen police officers in close proximity to the Speaker's door where Ashli was standing. Some of those officers had just allowed protesters access to the door by stepping aside.

Other officers, dressed in full tactical gear, stood among the protesters just a few feet behind the door. Still others stood casually at the opposite end of the Speaker's Lobby, unconcerned with the activities of Ashli and the protesters around her. All of these officers were in a position to have aided in the apprehension of Ashli if it was necessary. Given her background as a 14-year veteran of the Air Force, it is likely that Ashli would have complied with simple verbal commands, thereby making the use of any force unnecessary.

However, the officer who shot Ashli never attempted to arrest her. Nor did he call on his fellow officers to arrest her. Instead, he fired a shot into her chest. Witnesses confirm that the officer did not give Ashli a single verbal warning prior to firing. In fact, Ashli was not even aware that the officer was present, as he was located in the doorway of a room off to the side of her field of vision.

To date, the officer who shot Ashli has not been identified. Neither the Capitol Police nor any other governmental authority has given an account of the facts surrounding the

CONTINUED ON PAGE 35



ATTENTION VETERANS ORGANIZATIONS!
 AMERICAN LEGION • VFW • AMVETS
 MARINE CORPS LEAGUE
 WOUNDED WARRIORS PROJECT

The Sentinel began printing a Veterans Affairs column in June of 2018. This is a comprehensive column detailing how to understand and access veterans benefits and programs. The columnist is a 30 year veteran of the Marine Corps and has served as a Veterans Service Officer for over 25 years. He will personally provide advice and points of contact for veterans in need. If your organization is interested in free copies of the Sentinel for your members, please contact us and we will arrange to provide them.

NORTHERN NECK SENTINEL
 54 Belle Ville Ln. • Warsaw, VA. 22572
 804-238-6507 • JohnHaynes.NNSentinel@gmail.com

DID YOU KNOW?

You can be published in the Northern Neck Sentinel! Share a favorite recipe, send us a picture and a story of your latest outdoor activities, let us know about upcoming community events, write a letter to the editor, or advertise your local business. It's easy to get involved! Just call or email today:
JohnHaynes.NNSentinel@gmail.com
804-238-6507

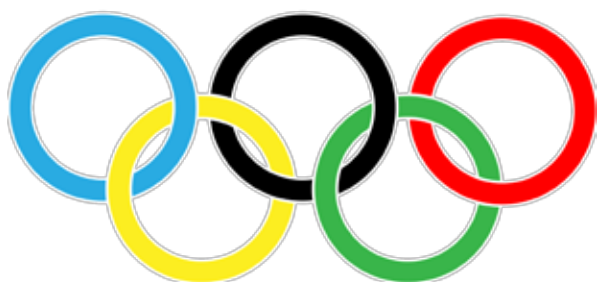


MOBILE PAINLESS DENT REPAIR SERVICE
At your home or office

Repair Dents from Hail, Thrown or Fallen Objects & Door Dings

Carl Barber
804-761-2259

- Increase Resale Value
- Restore Original Appearance
- Erase Bad Memories



A HISTORY MINUTE OLYMPICS: CANCELED

By: Gammon Irons

The day the games were shut down for religious reasons. In ancient Greece, the Olympic Games were held every four years in tribute to the god Zeus. They began in 776 B.C. and continued for more than a thousand years. They were male-only affairs. Women were not allowed to compete or even watch. These competitions were considered so important that when the games were held, trade was suspended and wars were postponed. Even after the Romans conquered Greece, the games continued.

However, in 394 the Roman emperor Theodosius put a stop to the games. Why? After converting to Christianity a decade before, Theodosius had become a religious zealot determined to stamp out all pagan worship. He considered the games to be a scandalous glorification of the ancient Greek gods. So he ended them for all time, or so he thought.

For the next fifteen hundred years, the Olympics were but a distant memory. In 1892 a twenty-seven year old French baron named Pierre de Coubertin proposed reviving the Olympic ideal. The initial response from athletic officials: a big yawn. However, Coubertin's single-minded devotion eventually carried the day. So it was in 1896 the modern Olympics was born and, after a span of more than a millennium, once again brought the world together in sport.

For further investigation: The Complete Book of the

*EDITORS NOTE: Gammon Irons is a well known historical writer who is widely published. He distributes his works to teachers nationwide to help counter the many false narratives that have worked their way into our history curriculum. Learn more about Gammon Irons at this link: <https://www.gammonirons.weebly.com>

Olympics by David Wallechinsky. Encyclopedia Britannica.
"100 Years of Change" by William Oscar Johnson, Time,
May 27, 1996.



'The Bitter Draught of Slavery' (1885) by Normand Ernest.
Image depicting a Barbary slave caught by pirates from
North Africa. Source: Public Domain

REMEMBERING THE BARBARY SLAVES WHITE SLAVES AND NORTH AFRICAN PIRATES

By: Joanna Gillan

Much attention and condemnation has been directed towards the tragedy of the African slave trade, which took place between the 16th and the 19th centuries. However, another equally despicable trade in Barbary slaves was taking place around the same time in the Mediterranean. It is estimated that up to 1.25 million Europeans were enslaved by Barbary corsairs and their lives were just as pitiful as their African counterparts. They have come to be known as the white slaves of Barbary.

Slavery is one of the oldest trades known to man. We can first find records of the slave trade dating back to the Code of Hammurabi in Babylon in the 18th century BC. People from virtually every major culture, civilization, and religious background have made slaves of their own and enslaved other peoples. However, comparatively little attention has been given to the prolific trade in Barbary slaves that was carried out by pirates, or corsairs, along the Barbary coast (as it was called by Europeans at the time), in what is now Morocco, Algeria, Tunisia, and Libya. Keep in mind that beginning around 1600 AD, anyone traveling in the Mediterranean faced the real prospect of being



Captured victims arrive on the Barbary Coast to be sold as slaves. (kinnas/ DeviantArt)

captured by the corsairs, taken to Barbary Coast cities and being sold as a slave.

THE SACKING OF BALTIMORE: BARBARY SLAVES FROM IRELAND

Not content with attacking ships and sailors, the corsairs also sometimes raided coastal settlements in Italy, France, Spain, Portugal, England, Ireland, and even as far away as the Netherlands and Iceland. They landed on unguarded beaches, creeping up on villages in the dark to capture their victims. Almost all the inhabitants of the village of Baltimore, in Ireland, were taken in this way in 1631. As a result of this threat, numerous coastal towns in the Mediterranean were almost completely abandoned by their inhabitants until the 19th century.

The raiding of the coastal village of Baltimore on Ireland's southwest coast is one of the more horrific acts performed by the Barbary corsairs. At 2.00 a.m. on June 20, 1631, over 200 corsairs armed with muskets, iron bars, and sticks of burning wood landed on the shore of Baltimore and silently spread out, waiting at the front doors of the cottages along the shoreline and the homes in the main village. When a signal was given, they simultaneously charged into the homes, pulling the sleeping inhabitants from their beds. Men, women and children, 107 in all, were dragged onto ships and began the long voyage back to Algiers.

Upon arrival, the citizens of Baltimore were taken to slave pens before being paraded before prospective buyers, chained and nearly naked. Men were typically used for labor and women as concubines, while children were often

CONTINUED ON PAGE 33



'The Slave Market' by Otto Pilny, 1910. (Public Domain)

BARBARY, CONTINUED FROM PAGE 32

raised as Muslims, eventually forming part of the slave corps within the Ottoman army.

THE RISE OF THE BARBARY CORSAIRS

In the 13th and 14th centuries, it was Christian pirates, primarily from Catalonia and Sicily that dominated the seas, posing a constant threat to merchants. It was not until the expansion of the Ottoman Empire in the 15th century that the Barbary corsairs started to become a menace to Christian shipping. Around 1600 AD, European pirates brought advanced sailing and shipbuilding techniques to the Barbary Coast, which enabled the corsairs to extend their activities into the Atlantic Ocean, and the impact of Barbary raids peaked in the early to mid-17th century.

While the trade in Barbary slaves is typically portrayed as Muslim corsairs capturing white Christian victims, this is far too simplistic. In reality, the corsairs were not concerned with the race or religious orientation of those they captured. Slaves in Barbary could be black, brown, or white, Catholic, Protestant, Orthodox, Jewish, or Muslim. The corsairs, on the other hand, were not only Muslim. English privateers and Dutch captains also exploited the changing loyalties of an era in which friends could become enemies with the stroke of a pen.

"One of the things that both the public and many scholars have tended to take as given is that slavery was always racial in nature," said historian Robert Davis, author of 'Christian Slaves, Muslim Masters: White Slavery in the

Mediterranean, the Barbary Coast, and Italy.' "But that is not true," he added. In comments which may stoke controversy, Davis claims that white slavery had been minimized or ignored because academics preferred to treat Europeans as evil colonialists rather than as victims.



The Barbary slave trade is typically depicted as Muslims capturing white Christians, such as in the artwork above, but this is not entirely accurate. (Western Spring)

LIFE AS A BARBARY SLAVE

The slaves captured by the Barbary pirates faced a grim future. Many died on the ships during the long voyage back to North Africa due to disease or lack of food and water. Those who survived were taken to slave markets where they would stand for hours while buyers inspected them before they were sold at auction.

After purchase, slaves would be put to work in various ways. Men were usually assigned to hard manual labor, such as working in quarries or heavy construction, while women were used for housework or in sexual servitude. At night the slaves were put into prisons called bagnios that were often hot and overcrowded.

However, by far the worst fate for a Barbary slave was being assigned to man the oars of galleys. Rowers were shackled where they sat, and never allowed to leave. Sleeping, eating, defecating and urinating took place at the seat. Overseers would crack the whip over the bare backs of any slaves considered not to be working hard enough.

THE END OF THE BARBARY CORSAIRS

Corsair activity began to diminish in the latter part of the 17th century, as the more powerful European navies started to force the pirates to cease attacking their shipping. However, it wasn't until the first years of the 19th century that the United States of America and some European nations began to fight back more fervently against the Barbary pirates.

In the early 19th century Algiers was

frequently bombarded by the French, Spanish and Americans. Eventually, after an Anglo-Dutch raid in 1816 on Algiers, the corsairs were forced to agree to terms which included a cessation of the practice of enslaving Christians, although slave trading of non-Europeans was allowed to continue.

Occasional incidents continued to occur until another British raid on Algiers in 1824, and finally a French invasion of Algiers in 1830, which placed it under colonial rule. Tunis was similarly invaded by France in 1881. Tripoli returned to direct Ottoman control in 1835, before finally falling into Italian hands in the 1911 Italo-Turkish War. The slave trade finally ceased on the Barbary coast when European governments passed laws granting emancipation to slaves.

Joanna Gillan is a Co-Owner, Editor and Writer of Ancient Origins.



A sea fight with Barbary corsairs. (Public domain)

MONUMENTS, CONTINUED FROM PAGE 28

the ones who erected the statues in honor and memory of their husbands, brothers, sons, nephews who went to war and many never came home. It is a memorial to their loved ones, the same as the grave stone I put on my dear husband, Gordon's, grave at St. John's Church cemetery. It is that and nothing else.

The decision to put the Confederate Monument in front of the Essex County Courthouse is because it was the same location where in 1859 the Essex Sharpshooters formed, as did some months later, the Essex Greys and a company known as the Essex Light Dragoons. This was the place the women may have seen their loved ones for the last time.

In 2012-2013 the Woman's Club of Essex County saw the need to clean the bronze plaques on the monument. They hired a company in Richmond that had cleaned some of the monuments there and then they started a fund raiser. They needed to raise \$16,000 and they did without one person dissenting, NOT one person objected! It was well received by the community.

In closing I would plead the Essex County Supervisors to consider carefully what you are doing and think about all the people of Essex County who are afraid to speak up because they would be considered racist. I was one of those people but I could hear the voice of my husband coming from his grave, "Go for it, Sweetest, tell your story!" Anita Harrower; Hixson, TN

Editor's note: Mrs. Harrower was a long time Essex County resident whose family was caught up in the Civil War. She moved after her husband passed away in 2019. Her letter was first published in the Rappahannock Times in February.

NATIVE ANTIQUITIES

NATIVE AMERICAN ARTIFACTS BOUGHT & SOLD

VERNON BAILEY

443-602-5601

ARROWHEADS | GOUGES | AXES

PROJECTILE POINTS | KNIVES

METATES | POTTERY & MORE

Adventures In Wellness



By: Susan Carabello

THE COVID 19 VACCINE CONTROVERSY, PART II

This month's column is a continuation of the "America's Frontline Doctors White Paper On Experimental Vaccines For Covid-19." As I stated last month, the Adventures in Wellness column is not intended to take a medical position or make medical recommendations of any kind. Rather, given the censorship in mainstream media of "alternative information" that goes against the mainstream narrative regarding Covid-19, I hope you find it valuable to consider scientifically based medical opinions from highly credentialed and respected physicians as you make decisions regarding your health. If you would like to read this white paper in its entirety, you can do so by going to the America's Frontline Doctors website: www.americasfrontlinedoctors.com They give permission for any of the materials on their website to be shared liberally as they strongly believe that information of this nature should be transparent. Also, if you did not read last month's column, please make every effort to read it on the Northern Neck Sentinel web site as it speaks to safety concerns and an some of the history of Covid-19. Alright, wellness warriors, let's buckle up those transformative education seatbelts as we continue our examination of American's Frontline Doctors white paper.

Picking up where we left off last month, I strongly urge those of you interested in exploring the four levels of censorship found by the AFD's investigation (scientific, media, big tech and government), go to the web site noted above and read this section of the white paper. Meanwhile, here are some facts about the disinformation campaign surrounding Covid-19 that are disconcerting to say the least: At the same time Americans were being aggressively

fed these four levels of lies, other countries were not. For example, on February 19, 2020, before a single case of non-travel COVID-19 was in the USA, the Chinese government mandated that this drug (Hydroxychloroquine/ HCQ) be used for COVID-19. Yes, you are reading this correctly, the very same medication that has an almost 70 year safety record was maligned by the four major institutions noted above BUT was actively being used in China. In fact, China's awareness of the efficacy of HCQ in treating the virus led them to state that "the drug [chloroquine] is recommended to be included in the next version of the Guidelines for the Prevention, Diagnosis, and Treatment of Pneumonia Caused by COVID-19 issued by the National Health Commission of the People's Republic of China for the treatment of COVID-19 infection in larger populations in the future." Tighten your seatbelts for what happened next: two weeks later, a successful trial of chloroquine (HCQ) was conducted in France, where it was reported that 1450 patients were successfully treated with only two deaths.

On March 22 the country of India had made it their national policy to recommend HCQ broadly to its population, a policy from which it has never deviated, and it continues to enjoy a death rate a fraction (~10%) of the USA, even in the most densely populated slums. **(It is truly astonishing to read articles by authors desperately trying to credit everything but this HCQ policy for the results that India experienced with HCQ use.** Since February through December, there have been 195 HCQ studies worldwide. 100% of the studies that gave HCQ early, showed dramatic improvement, and 75% of those studies that gave HCQ late, also showed substantial improvement. The Senate Homeland Security & Governmental Affairs Committee held a hearing on November 19, 2020 on early treatment and heard testimony under oath from many physicians that if USA normalized its HCQ policy, deaths would plummet to a fraction of what they are. **The reasons for the lies exceed the scope of this paper, but it is impossible to discuss any COVID-19 medications without understanding that there would be no international discussion on other treatments or vaccines, if all people hadn't been massively lied to that a cheap, safe drug was unsafe.** In fact, HCQ is sold as an over-the-counter medication in many parts of the world!

HCQ originates from quinine, which is found in tree barks, and has been used many billions of times for decades across the world. It is considered one of the safest medications in the world, safer than Motrin or Tylenol, and is called "Sunday-Sunday" in much of Africa because people simply take the pill weekly – no different than an American who takes Tylenol. It is sold next to the vitamins in stores and it is on the WHO list of Essential Medications that all countries must have. For a detailed explanation of HCQ effectiveness, the reader is referred to www.AFLDS.com (hydroxychloroquine section) that includes many reference articles. We discuss its effectiveness here only to demonstrate the extent of the lies – first that it is not safe, second that it is not effective. All leaders must be aware of the following facts: Contrary to expert predictions and me-

dia headlines, **the lowest death rates from COVID-19 are in the poorest countries with no masking, no social distancing, limited medical care, no ICUs ... but with easy access to hydroxychloroquine/chloroquine.** I know that many of you reading this are asking the same question: why would a safe, cheap and effective treatment be withheld for treating Covid-19 and an expensive, experimental vaccine with the potential for great risks be pushed instead? I trust each of you to do your own research and while you do, please consider the "follow the money" motivation fueled by big pharma and government's partnership.

America's Frontline Doctors successfully challenged the narrative that HCQ was unsafe. In response to our efforts, many states were forced to revert back to the pre-COVID rules of no restriction on HCQ. We have also made it possible for any person to obtain HCQ legally by consulting with a telemedicine physician. We did this because Americans are dying and we felt an obligation to help, and also because we care deeply about our profession and watching the media and politicians lie to the American people that a drug was unsafe when it was not unsafe was unacceptable to us as practicing physicians.

We are here for the same reason today. We did not think it bold to stand before the American people and declare that a drug that has been used hundreds of billions of times, by everyone from newborns to the extreme elderly by the healthy and the critically ill, all over the world for decades was safe. We thought it was self-evident. **Likewise, we do not think it is bold to stand before the American people and declare that an investigational biological agent that did not exist four months ago, that has only been given to a few thousand people,** (obviously many more people have received the "vaccines" since this paper was written and it is well over four months since they began administration) **and not tested at all on the elderly, not tested at all in women who are or intend to become pregnant, should NOT be considered safe.** We think this too is self-evident.

It is impossible to say that a drug with an extensively documented and strong safety record for fifty years is dangerous but a brand new medication is safe.

Until we meet again in next month's column, I encourage you to take a deep dive into the research regarding the Covid 19 experimental vaccines. Be forewarned, if you do a Google search

CONTINUED
ON PAGE 35

BUILD & REMODEL



**Full Service
Class A Contractor**
Licensed & Insured

Call Today!

Tony Fitzgerald
(804) 925-6600
fnsbuilders@aol.com
fitznsonz.com

CONTROVERSY, CONTINUED FROM PAGE 34 on America's Frontline Doctors, you will find very little that is positive written about them. I would encourage you to use Duck Duck Go or another search engine less aligned with Big Tech censorship for a more realistic research based view of their work. Despite the controversy surrounding their work, as you do your own research in search of the truth, you will discover many other well credentialed physicians and scientists in alignment with their warnings and information, i.e., Dr. Sherri Tenpenny, Dr. Judy Mikovits, etc. I look forward to hearing your feedback as we continue to build our Wellness Community one positive connection at a time! (Susancarabello.nnsentinel@gmail.com)

"Success is not final, failure is not fatal: it is the COURAGE TO CONTINUE that counts."

Winston Churchill

INSURRECTION, CONTINUED FROM PAGE 31

shooting. There has been no official explanation or justification for the use of lethal force in this matter.

This lack of transparency impedes the public scrutiny which is necessary to hold government officials accountable in a free society. It also interferes with the ability of Ashli's family to obtain justice for their loss.

My law firm and I represent Ashli's husband and family members. We will continue to investigate this matter. We intend to take appropriate legal action when our investigation has been completed. We call upon the Capitol Police as well as the United States Congress to make public the facts and circumstances of Ashli's shooting.

If you have information regarding this matter, you may contact us and receive updates on Twitter at Justice for Ashli Babbitt @ForAshli. Emails can also be to the address alone."

Ashli was one of five people that died at the Capital Building incident and all of them were Trump supporters. Aside from Mrs. Babbitt, three died from underlying medical conditions and the fifth, Capital Police officer Brian Sicknick supposedly died of "undetermined" causes. In recent testimony before the Senate FBI Director Christopher Wray refused to reveal the cause of death.



Photo Credit: crimeonline.com

As reported in the February Sentinel, Officer Sicknick was not beaten to death with a fire extinguisher by rabid Trump reporters as was repeatedly reported by the media. The autopsy showed no signs of trauma. According to his mother he died of a stroke several hours after the now

famous incident. In a text to his brother hours after the incident Sicknick states that he is fine but noted that he had been sprayed with a chemical irritant. Incidentally, Officer Sicknick was a Trump supporter.

Probably the most blatant lie of all is the contention that the Capital riot was a carefully planned coup, an "armed insurrection" by Trump supporters who intended a violent overthrow of the government. Some reports claimed that they were even planning to execute those that opposed Trump.

As evidence continues to emerge it is becoming increasingly apparent just how outrageous this lie really is. To begin with, how can you have an armed insurrection when you not have no arms? Also, if Trump was orchestrating this overthrow why did he offer 10,000 National Guard troops to the House leaders which was refused? All of this despite pleas from the Capitol Police for National Guard support.

Neither House Majority Leader Pelosi nor Minority Leader McConnell would answer that question. As previously stated, they are like two peas in a pod when it comes to thwarting Trump.

It is becoming increasingly obvious that they wanted a confrontation as an excuse to impeach Trump once again and it succeeded. Unfortunately for them, Trump was acquitted, dashing their hopes that a conviction would bar Trump from running for public office ever again. That was the true motivation.

And what are we to make of the continued presence of thousands of Guardsmen in our Capital? At first it was claimed that yet another coup attempt would be conducted on March 4th by QAnon and various white supremacist groups. Needless to say, no one showed.

So what is this really about? In a word, POWER. The far left, which is pulling Biden's strings, both hates and fears Trump and his supporters. They have cheated their way into power and they will do literally anything to keep it.

They are horrified by the fact that Trump is more popular than ever and alarmed that Biden's polling numbers are plummeting as he bumbles and stumbles along. His public pronouncements are painful to watch and his policies are causing widespread revulsion.

Newt Gingrich recently opined that he felt that the reason for the frantic rush to put radical policies into place is because they know that they are facing a political bloodbath in the 2022 congressional elections. They want to



Photo Credit: kstp.com

do as much as possible to destroy the pillars of American society while they can.

The Democrats have badly overplayed their hand and the inevitable backlash will be epic. I will leave our esteemed readers with this final quote: "Pride goeth before destruction, and a haughty spirit before a fall" Proverbs 16:18.

Shoppe for Haven's Sake Thrift Shop presents:

EASTER
Peanut Butter
Chocolate Eggs

PRE-ORDER
MARCH 8TH - MARCH 19TH

CHOCOLATE COVERED PEANUT BUTTER EGGS
CHOCOLATE COVERED PEANUT BUTTER BALLS

4314 RICHMOND RD, WARSAW, VA 22572
FACEBOOK: SHOPPE FOR HAVEN'S SAKE THRIFT SHOP
804-333-6404

FIND THE SENTINEL AT THESE LOCATIONS:

ESSEX COUNTY

17 SOUTH RESTAURANT - CARET
 BELLA'S RESTAURANT-TAPP.
 BETTER THAN A GREAT DAY - TAPP.
 CITGO DOCK ST. - TAPP.
 COMPUTER RECYCLING - TAPP.
 FOOD LION - TAPP.
 HOBBS HOLE GOLF COURSE - TAPP.
 JAVA JACKS - TAPP.
 JUNE PARKER - TAPP.
 LAUNDROMAT - TAPP.
 LIBRARY - TAPP.
 LOS PORTALES RESTAURANT - TAPP.
 LOWERY'S RESTAURANT - TAPP.
 MOOSE LODGE - TAPP.
 NN BURGER - TAPP.
 NN CHEVROLET - TAPP.
 POST OFFICE - CARET
 POST OFFICE - CHAMPLAIN
 POST OFFICE - MILLERS TAVERN
 POST OFFICE - TAPP.
 RACEWAY - TAPP.
 RAYZWAY EXPRESS THREE - CARET
 RITE AID - TAPP.
 RIVER CITY GOLF CARTS - TAPP.
 RIVER FITNESS - TAPP.
 ROMA RISTORANTE ITALIANO - TAPP.
 SHEETZ - TAPP.
 SUNOCO - TAPP.
 TAPPAHANNOCK ART GALLERY - TAPP.
 TAPPAHANNOCK PHARMACY - TAPP.
 VALERO - TAPP.
 WATTS SUPERMARKET - MILLERS TAVERN

KING GEORGE

CHINA GARDEN - DAHLGREN
 CVS PHARMACY - RT 301 & RT 3
 FOOD LION - DAHLGREN
 FOOD LION - KING GEORGE
 KING GEORGE PIZZA - KING GEORGE
 PANCHO VILLA RESTAURANT - DAHLGREN
 POST OFFICE - KING GEORGE
 POST OFFICE - DAHLGREN
 1-TEN MART - DAHLGREN
 7 ELEVEN - DAHLGREN
 7 ELEVEN - RT 301 & RIDGE RD.
 SHEETZ - RT 301 & RT 3
 SHEETZ - DAHLGREN
 TRACTOR SUPPLY - KING GEORGE
 WAWA - DAHLGREN
 VALERO - DAHLGREN
 VALERO - KINGS HWY
 YMCA - KING GEORGE

LANCASTER COUNTY

4-LEGGERS - IRVINGTON
 7-ELEVEN - WHITE STONE
 ANIMAL WELFARE LEAGUE - KILMARNOCK
 ANNA'S RESTAURANT - KILMARNOCK
 CHILL STOP - LANCASTER
 CHILL STOP - MOLLUSK

COUNTRY COTTAGE - WHITE STONE
 CVS PHARMACY - KILMARNOCK
 FOOD LION - KILMARNOCK
 KILMARNOCK ANTIQUE GALLERY -
 KILMARNOCK
 LAMBERTH BUILDING MATERIALS - WHITE
 STONE
 LAUNDROMAT - MOLLUSK
 LITTLE SUE'S - KILMARNOCK
 LIBRARY - KILMARNOCK
 MAIN STREET PHARMACY - KILMARNOCK
 MOOSE LODGE - LITWALTON
 NN BURGER - KILMARNOCK
 POST OFFICE - IRVINGTON
 POST OFFICE - KILMARNOCK
 POST OFFICE - LANCASTER
 POST OFFICE - LIVELY
 POST OFFICE - MOLLUSK
 POST OFFICE - WHITE STONE
 SELECT PROPERTIES - IRVINGTON
 SPEED WASH - KILMARNOCK
 SUBWAY - KILMARNOCK
 TRI-STAR MARKET - KILMARNOCK
 WALGREENS - KILMARNOCK
 WALMART - KILMARNOCK
 YMCA - KILMARNOCK

MIDDLESEX

DELTAVILLE MARKET
 PAT'S GALLERY & GIFTS - DELTAVILLE
 J&W SEAFOOD - DELTAVILLE
 HARTFIELD POST OFFICE
 URBANNA POST OFFICE
 URBANNA MARKET
 BAY AGING - URBANNA
 WHERE THE SIDEWALK ENDS - URBANNA
 CONSIGNMENT STATION - DELTAVILLE
 CAFÉ BY THE BAY - DELTAVILLE
 MERRYVALE FARM MARKET - DELTAVILLE
 THE GALLEY RESTAURANT - DELTAVILLE
 RUDY'S PIZZA - TOPPING
 PILOT HOUSE RESTAURANT - TOPPING
 FOOD LION - SALUDA
 SUNNYSIDE MARKET - SALUDA

NORTHUMBERLAND

A CUT ABOVE - CALLAO
 ALLISON'S ACE HARDWARE - LOTTSBURG
 ATLANTIC UNION BANK - BURGESS
 BAUGHAN TIRE & AUTO - LOTTSBURG
 CALLAO COFFEE CAFÉ - CALLAO
 CORNER MARKET - WICOMICO CHURCH
 COUNTY LINE MARKET - VILLAGE
 DAIRY FREEZE - CALLAO
 DOLLAR GENERAL - CALLAO
 EXXON - BURGESS
 FARM BUREAU - HEATHSVILLE
 FOOD LION - HEATHSVILLE
 HANDY STORE - CLARAVILLE
 HANDY STORE - VILLAGE
 JETT'S HARDWARE - REEDVILLE
 LAUNDROMAT - CALLAO

LIBRARY - HEATHSVILLE
 LILLIAN LUMBER - BURGESS
 LITTLE RIVER MARKET - REEDVILLE
 LOS PORTALES - CALLAO
 LOTTSBURG CAFÉ - LOTTSBURG
 MOOSE - CALLAO
 NEWSOME'S BODY SHOP - HEATHSVILLE
 NEWSOME'S RESTAURANT - BURGESS
 NORTHUMBERLAND PHARMACY -
 HEATHSVILLE
 PLUM SUMMER - BURGESS
 POST OFFICE - BURGESS
 POST OFFICE - CALLAO
 POST OFFICE - HEATHSVILLE
 POST OFFICE - REEDVILLE
 POST OFFICE - WICOMICO CHURCH
 QUINTON OAKS GOLF COURSE - CALLAO
 RITE AID - CALLAO
 RIVAH INTERIORS - CALLAO
 R. W.'S SPORT SHOP - CALLAO
 SHELL - CALLAO
 SUBWAY/CITGO - HEATHSVILLE
 THE COUNTRY STORE - BEVERLYSVILLE
 360 GRILL - BURGESS
 T&J'S DAIRY BARN - BURGESS
 WALGREENS - CALLAO
 YMCA - HEATHSVILLE

RICHMOND COUNTY

ANNA'S RESTAURANT - WARSAW
 ATLANTIC UNION BANK - WARSAW
 BEULAH'S HAIR CARE - EMMERTON
 BIG L TIRE - WARSAW
 CHINA INN - WARSAW
 COLONIAL POINT FARM - EMMERTON
 CUTZ AND BEYOND - WARSAW
 DESIGN PRINTING - WARSAW
 DIALYSIS CENTER - WARSAW
 FOOD LION - WARSAW
 HANDY STORE - VILLAGE
 HAVEN THRIFT SHOP - WARSAW
 HUNAN GARDEN - WARSAW
 JENK'S THIS & THAT - WARSAW
 LAUNDROMAT - WARSAW
 NN SENTINEL OFFICE - WARSAW
 POST OFFICE - FARNHAM
 POST OFFICE - HAYNESVILLE
 POST OFFICE - SHARPS
 POST OFFICE - WARSAW
 RITE AID - WARSAW
 ROMA'S RESTAURANT - WARSAW
 7-ELEVEN - WARSAW
 SHELL STATION - WARSAW
 SPEED MART - HAYNESVILLE
 THOMAS STORE - EMMERTON
 TOWN OFFICE - WARSAW
 TRACTOR SUPPLY - WARSAW
 WARSAW AUTOMOTIVE - WARSAW
 WARSAW ANIMAL CLINIC - WARSAW
 YMCA - WARSAW

WESTMORELAND

7-ELEVEN - COLONIAL BEACH
 7-ELEVEN - MONTROSS
 ANGELO'S RESTAURANT - MONTROSS
 ART OF COFFEE - MONTROSS
 BEVARD AUTOMOTIVE - HAGUE
 BIRDDOGS COUNTRY STORE - MONTROSS
 CORNER MARKET - CARMEL CHURCH
 DAIRY FREEZE - MONTROSS
 DOLLAR GENERAL - MONTROSS
 FASMART - COLONIAL BEACH
 FOOD LION - COLONIAL BEACH
 FOOD LION - MONTROSS
 HALL'S SUPERMARKET - COLONIAL BEACH
 HANDY STORE - KINSALE
 JACK RABBIT EXPRESS - CARMEL CHURCH
 JACK'S/CITGO - MONTROSS
 LAUNDROMAT - MONTROSS
 LEFT BANK GALLERY - HAGUE
 LIBRARY - HAGUE
 MOOSE LODGE - COLONIAL BEACH
 MOOSE LODGE - MONTROSS
 P&D BODY SHOP - MT. HOLLY
 POST OFFICE - COLONIAL BEACH
 POST OFFICE - HAGUE
 POST OFFICE - MONTROSS
 POST OFFICE - MT. HOLLY
 POST OFFICE - KINSALE
 POST OFFICE - OLDHAMS
 RITE AID - COLONIAL BEACH
 RITE AID - MONTROSS
 STOP IN/SHELL - OAK GROVE
 TIM'S AT COLES POINT - HAGUE
 WILKINS GROCERY - MONTROSS



**NOW
 MORE
 THAN
 EVER**

Small businesses need your help. Local stores, restaurants, and service providers are struggling to survive. These businesses provide jobs, support communities, and feed families.

During this time of crisis, it's more important than ever to support small, local businesses.

You can help by making a commitment to Shop Small & Buy Local. Browse the advertisements in this paper to view some small businesses that need your support.

These businesses also support the Northern Neck Sentinel. Without them, there would be no Northern Neck Sentinel.

We are all in this together, even if we are physically apart. Thank you for your continued support during this difficult time.

REACH 7 COUNTIES WITH THE LOWEST AD RATES IN THE REGION!

- ✓ Covers 7 Counties
- ✓ 8,000 Issues Per Month
- ✓ 80,000 Avg. Readers
- ✓ Ads Starting at \$25
- ✓ Free Design Service

Let us Help You Build Your Business

For a fraction of the cost of other publications you can have a full month of coverage reaching thousands of readers in our region. Our circulation is growing by leaps and bounds. We currently distribute in six counties with lots of readers in adjoining counties

Custom Designing is Free!

Many of our clients need assistance designing an attractive and informative ad. You want your ad to stand out and our top notch professional design team can construct an ad to serve your needs. We can also change your ad from time to time.

Support the Community

When you advertise in the Northern Neck Sentinel you help to support local charities, non-profits, and community-support organizations. Every issue has several free ads and articles promoting these groups.



AD SIZES & RATES

\$25 - BUSINESS CARD (INTERIOR)
3.5 X 2IN. OR 2 X 3.5IN.

\$37.50 - 1/8 PAGE (INTERIOR)
5.025 X 2.35IN. OR 2.4 X 4.9IN.

\$75 - 1/4 PAGE (INTERIOR)
\$125 - 1/4 PAGE (BACK COVER)
5.025 X 4.9IN.

\$125 - 1/2 PAGE (INTERIOR)
\$225 - 1/2 PAGE (BACK COVER)
10.25 X 4.9IN. OR 5.025 X 10IN.

\$200 - FULL PAGE (INTERIOR)
\$400 - FULL PAGE (BACK COVER)
10.25 X 10IN

John Haynes, Jr.
Editor & Publisher
804- 238-6507

JohnHaynes.NNSentinel@gmail.com



NORTHERN NECK SENTINEL IS NOW ONLINE!

WWW.NNSENTINEL.COM

You can now browse the Northern Neck Sentinel without ever leaving home. The new website contains a digital version of the monthly paper, additional content, and much more.

Advertisers will LOVE the new website! It will have rotating ads - your ads will get *more exposure* and will be seen on *more pages!* Those ads will click through directly to your website or social media profile - helping customers find you faster!

More benefits are coming each month. Contact us today to get in on early pricing specials. Get your ad on the Northern Neck Sentinel website today!



LUCKY MINT BROWNIE PERFECTION

How lucky you must be to come across this recipe just in time for St. Patrick's Day. This one is a twisted combination of mint and sweet chocolate that's sure to have almost anyone's taste buds screaming "yum." This dessert might just be the pot of gold at the end of your rainbow this year.

These Mint Brownies have three delicious layers. First, a supreme brownie on bottom. Then a fluffy, green mint layer that's full of flavor and color. Last, but definitely not least, a chocolate layer on top made with chocolate chips, butter and a little whipping cream.

All of these layers create a smooth, sweet, minty, bite-sized dessert perfect for any occasion but especially St. Patrick's Day. The green mint color really pops off the plate, giving it some extra flare and an appetizing glow.

To start, create the soft, chocolate filled brownie. Combine brownie mix, vegetable oil, one egg, water and the chocolate syrup pouch. Bake and cool completely.

Then it's time for some colorful, festive fun. Make the filling with powdered sugar, butter, whipping cream, softened cream cheese, a splash of peppermint extract and a few drops of green food coloring. Beat and pour over the cooled brownie pan.

The last layer is simple. In a saucepan, melt whipping cream, chocolate chips and butter until smooth. When it's cooled to lukewarm, pour it over the filling for the final layer.

Refrigerate the Mint Brownies for two hours before serving. Cut them into bite-size pieces for small chunks that will melt in your mouth.

Find more seasonal dessert recipes at Culinary.net.



MINT BROWNIES

Servings: 9-12

Nonstick cooking spray

1 box supreme brownie

mix with chocolate syrup
pouch

3 tablespoons water

1/3 cup vegetable oil

1 egg

Filling:

3 1/2 cups powdered sugar

1/4 cup butter, softened

1/4 cup whipping cream

5 ounces cream cheese,
softened

1/2 teaspoon peppermint
extract

5 drops green food color

Heat oven to 350 F. Spray 8-by-8-inch pan with nonstick cooking spray. In large bowl, mix brownie mix, water, oil and egg until combined. Pour into prepared baking pan. Bake 35 minutes. Cool completely, about 1 hour. To make filling: In large bowl, beat powdered sugar, butter, whipping cream, cream cheese, peppermint extract and food coloring. Spread over cooled brownies. Refrigerate 1 hour, or until set.

To make topping: In saucepan, melt whipping cream, chocolate chips and butter until smooth. Cool until lukewarm, about 10 minutes. Pour over filling; spread to cover. Refrigerate 2 hours, or until set. Before serving, let brownies set 10 minutes at room temperature.

Tips: Cut brownies with wet knife for cleaner cuts. Store covered in refrigerator.

LUCKY SHAMROCK COOKIES

It's your lucky day because you don't have to search for the pot of gold under the rainbow for this winning recipe. Throw out the old Irish classics and sweeten things up this year with some mint chocolate chip fun.

If you're in a crunch for St. Patrick's Day and need something glowing with green, here is a dessert that is sure to have everyone coming back for seconds (and more).

These Mint Chocolate Chip Cookies are as green as

four-leaf clovers and have delicious chocolate chips mixed throughout for some extra sweet flavor. Served beside a big glass of milk, they are perfect treats for any St. Patrick's Day party or virtual gathering.

To start the recipe, whisk together flour, baking soda and salt in a large mixing bowl. In a separate bowl, add butter, sugar, eggs, green food coloring and peppermint extract for that crisp mint flavor. Beat with a hand mixture and combine the ingredients in both bowls together.

Add chocolate chips to the mixed cookie batter. Scoop onto a baking sheet and bake at 375 F for 11-24 minutes until the edges of the cookies are light brown. Cool on a wire rack before devouring.

Topping:
1/2 cup whipping cream
1 bag (12 ounces) chocolate
chips
1/2 cup butter

With so much mixing and scooping to be done, this is a great recipe for kids to get involved in the kitchen, too. One of the best parts is the eye-catching color. Watch children's smiling little faces as the batter turns from light brown to dark green for a priceless reaction.

After being perfectly baked, these cookies are bright, fun and will be the hit of any celebration. Soft in the middle, a little crisp on the edges and as green as can be. You can't ask for much more on St. Patrick's Day.

Find more recipes, celebration ideas and dessert favorites for every occasion at Culinary.net.

MINT CHOCOLATE CHIP COOKIES

Servings: 24-32

2 1/2 cups flour

1 teaspoon baking soda

1/2 teaspoon salt

1 cup butter, softened

1 1/4 cups sugar

2 eggs

30 drops green food coloring

1 teaspoon peppermint
extract

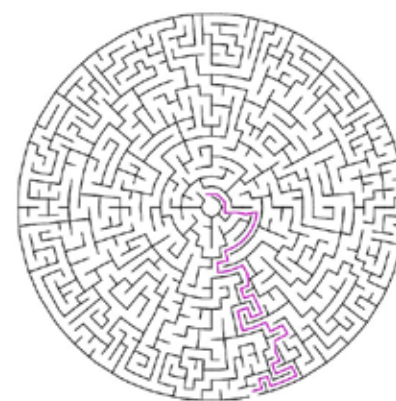
1 package (12 ounces)

chocolate chips

Heat oven to 375 F. In large bowl, mix flour, baking soda and salt until blended. Set aside. In medium bowl, beat butter and sugar until combined. Add eggs, food coloring and peppermint extract; beat until combined. Add wet ingredients to dry ingredients; beat until combined. Stir in chocolate chips. Drop spoon-fuls of cookie dough onto baking sheet.

Bake 11-14 minutes, or until edges are lightly browned. Cool on wire racks.

PUZZLE KEYS:



2	6	3	5	1	7	9	4	8
4	8	7	6	3	9	1	5	2
1	5	9	4	2	8	3	6	7
6	7	4	3	8	5	2	9	1
9	1	8	2	6	4	7	3	5
5	3	2	9	7	1	4	8	6
7	2	5	8	4	3	6	1	9
8	4	6	1	9	2	5	7	3
3	9	1	7	5	6	8	2	4

Puzzles & Mazes located on pages 23-24

Prevent Costly Repairs From Tree Damage This Spring



**Call
Lee's
Affordable
Tree
Service
Today!**

**Tree Trimming | Tree Removal | Tree Topping | Stump Grinding
24-Hour Emergency Service | Licensed & Insured**

Lee's Affordable Tree Service

804-472-4940

Cell: 804-296-1702

PO Box 298; Kinsale, VA 22488

**LEE'S AFFORDABLE
TREE SERVICE**



- Tree Trimming
- Tree Removal
- Tree Topping
- Stump Grinding
- 24 Hour Emergency Service
- Licensed & Insured

804-472-4940

Cell (804) 296-1702

P. O. Box 298

Kinsale, VA 22488

RICHARD F. HAYNIE, INC.

Heating • Cooling • Plumbing • Electrical

PREPARE FOR WINTER!
Service your Monitor & Toyostove now!
(Parts available for DIYers)



TOYOTOMI

Up to \$250 instant
rebate on Monitor
Heater trade-ins
until Feb. 28, '21



804-580-6821

Need a Website without the Hassle? This is for you.

Websites \$99

per month*
with 2 Year Contract & \$199
Initial Payment. Conditions
Apply. Contact for details.



\$99/mo. Websites Include:

5-7 Pages with Text & Full-Color Images • Built on Industry-Leading WordPress Platform • Contact Form Comes Directly to Your Inbox • Fully Mobile Friendly / Responsive Website Looks Great on All Devices • Attractive Image Slider on Home Page • White-Glove Hosting Package • Regular Website Backups • Security Scans • Website Software Updates • Social Media Integration

Optional Add-Ons:

Social Media Management • Search Engine Optimization • Professional Written Blogging Service • Content Writing Assistance

Beauty & Logic
Designs

540-709-1030

BeautyAndLogicDesigns.com
info@BeautyAndLogicDesigns.com

Happy to Serve Customers in Fredericksburg,
King George, and The Northern Neck

Bevard Automotive



804-472-3700

7516 COPLE HIGHWAY ♦ HAGUE, VIRGINIA

FREE STATE INSPECTIONS EVERY MON. & TUES.

👉 ALIGNMENTS \$10.00 OFF WITH AD. 👈

MUST BRING AD WITH YOU

We offer a full line of service
for cars and light trucks.

**TUNE UPS
WHEEL ALIGNMENTS
AIR CONDITION ♦ SHOCKS
BRAKES
OIL CHANGES ♦ AND MORE**